

Coming Thursday: 'Good Morning Vietnam'

Granite City Journal

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Roofer shocked by wire

GRANITE CITY — Randy Hunt, 31, Granite City, a nine-year employee of Quad-City Roofing, 800 State St., Madison, was injured at 10 a.m. Tuesday when he was grounded by an electrical wire while working on top of the Granite City Public Library, 2001 Delmar Ave.

Hunt was conscious when firefighters and paramedics, using an aerial ladder, scaled the building and lowered Hunt after he was strapped to a stretcher. He was taken by ambulance to St. Elizabeth Medical Center.

"There is a lot of voltage in those wires," said Benny Dunnivant, Granite City, who was

working with Hunt on the roof.

"Randy was putting up a turn bar and I think he put his foot on the gutter when it happened," he said.

Dunnivant said his brother, Kenny Dunnivant, Granite City, also a Quad-City Roofing employee, broke the current by using a rubber bar, freeing Hunt.

Hunt appeared to have suffered burns to the right arm.

Fire Chief Charles Bernaia, who was on the roof with the rescue team, said the effort took about 25 minutes. A large crowd witnessed the rescue.

Burglar hits Salvation Army

By Andy Siering
Staff writer

GRANITE CITY — Of all places to choose as a target, somebody burglarized the Salvation Army's Corps/Community Center, 3007 E. 23rd St., during the weekend.

The incident happened between 7 p.m. Friday and 8:45 a.m. Saturday, said Salvation Army Capt. Curtiss Hartley. Entry was gained by breaking a plate-glass door at the rear of the building.

A rubber 55-gallon trash can

was found outside, evidently used by the thief or thieves to collect the stolen items.

Hartley said electronics equipment was stolen from three offices and the chapel.

About \$2,500 worth of stereo and sound equipment is missing; some of it belonged to Hartley himself. Also taken were a portable TV and two cameras.

Hartley said he felt there must have been more than one thief because of the sheer volume and weight of some of the items taken.

The entire facility was ransacked and vandalized, including the chapel, where a United States flag was knocked over.

A large industrial refrigerator was propped open and an undetermined amount of food was taken; the intruder left the doors open, and most of the rest of the food spoiled and had to be thrown away.

"The Salvation Army here feeds about 15 families a day," Hartley said. Several youth choirs will be unable to perform for the public until the sound equipment is replaced.

When it was suggested that it

takes a particular kind of thief to burglarize the Salvation Army, Hartley replied, "That's what we're thinking."

According to Hartley, the center has been open 14 years and this is the first time a major burglary has occurred there.

None of the toys for the children's Christmas drive were taken, he said.

The Salvation Army provides a food pantry, short-term emergency housing, emergency gasoline and emergency medical prescriptions.

John Dukakis to open Demo HQ here Oct. 12

GRANITE CITY — John Dukakis, presidential candidate Michael Dukakis' son, will cut a ribbon to open the Madison County Democratic headquarters here, county Democratic Chairman Bill Harrison of Granite City announced Monday.

Harrison said the public is invited.

Rep. Jerry Costello, 21st District, scheduled to hold a town meeting here Thursday evening, announced today the meeting has been cancelled.

A town meeting scheduled by Costello in Edwardsville was also cancelled.

Reviews and previews

Madison appoints new alderman

The 3rd Ward in Madison got a new alderman and was more than doubled geographically by the City Council last week. Mike Vrabec, 30, supervisor of the Child Support Division of Madison County, was appointed to fill the position left by the resignation of Don Wilson. The council also approved an ordinance placing into the 3rd Ward all land annexed by the city since 1982.

Branch library building opens

The Granite City Branch Library is now open for business in a new building at 2145 Johnson Road. The library features carousel shelves. The branch was previously housed in Central Christian Church. The branch hours are 12:30 to 9 p.m. Tuesday and Wednesday, and 9 a.m. to 5:30 p.m. Thursday through Saturday.

Pontoon Lions set Candy Day

Pontoon Beach Lions will take part in the organization's statewide Candy Day on Saturday to support programs and services for the blind and deaf. The Lions, who will be wearing Candy Day aprons, will give away candy rolls and accept contributions.

50 years ago

Thursday, Oct. 13, 1938

Both local high schools in the Southwestern Illinois Conference are playing football away from home this week. Granite City travels to East St. Louis tomorrow night and Madison goes to Belleville at the same time.

Tip of the hat

Olympic spirit

Steve Trittschuh, Granite City, is back home after being a member of the U.S. Olympic soccer team in Seoul, South Korea. Although he did not get an opportunity to play, Trittschuh said, "There were 20 guys in the whole country who got to be on the soccer team. I was one of them. The coach did what he thought was best. I wanted to play, but I'll always have the memories and the mementos. I was honored to go."



Steve Trittschuh

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Deaths

Marie Asberry
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Mildred Granda

Junk gone

DeRousse, Partney get 'impossible' done

By Mike Myers
Staff writer

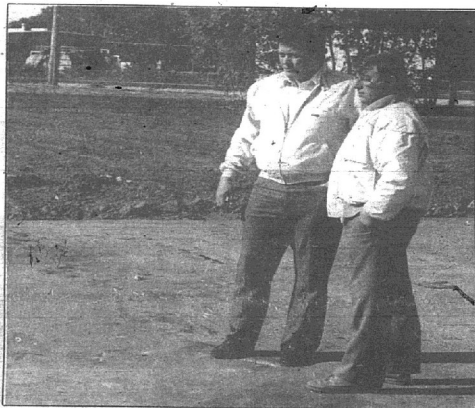
GRANITE CITY — On March 1, 4th Ward Alderman Dan Partney was fighting for an ordinance banning the boarding up of buildings in the city. That hasn't passed yet, but a major site of concern has been razed and cleaned.

"You can see how they

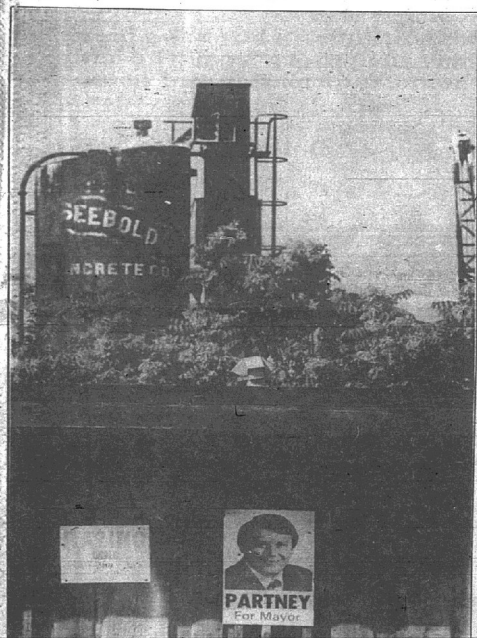
(boarded-up buildings) destroy a neighborhood," he said as he drove through West Granite City that March day. He turned onto 22nd Street toward downtown.

"That," Partney said as he slowed down for a better look, "is the biggest offender in the city. Basically, what we've got here is a junk yard with no

(See JUNK, Page 12A)



Dan Partney and Erv Derousse



Seebold Concrete Co.

Good use of flood funds guaranteed

Fourth of a series
(See related editorial)
By Bill Winter
Staff writer

If you go back through the local sanitary district's 81-year history, you will find many instances of financial waste and corruption, historians say.

Trouble in river city

But there will be no waste or corruption in the \$31 million flood/drainage/groundwater control program on the Nov. 8 ballot, federal, state and local authorities assert.

Factors in their guarantee include:

1. Designation of the St. Louis District of the Army Corps of Engineers to award and supervise all of the scheduled flood protection rehabilitation and replacement projects.

2. Enactment on June 30, 1988, of a state law calling for regular reports by the Metro East Sanitary District to the Illinois Transportation Department's Division of Water Resources, which has been empowered to monitor MESD operation and maintenance expenditures.

3. Demonstrated reform of MESD staffing and spending procedures during the 1980s.

Pete Puricelli, chief of the



NO MORE BASEMENT. In March 1985, family members shoveled sand to fill in the basement of the Jerry White home on Angela Drive, Narnook Township. This ended the family's battle with a high water table that frequently flooded the basement. Four other basements in their neighborhood also were filled in with sand.

Program Management Office, St. Louis District, Corps of Engineers, has outlined a five-year plan that includes installation of

60 deep-wells and pumps utilizing \$8 million in federal funds, \$1.2 million worth of lands, easements and rights of way, and an

\$800,000 contribution by the Division of Water Resources.

Non-federal deep-well annual (See FLOOD, Page 12A)

Comment

This area vulnerable to river, rain

Fourth of a series
 Horner & Shifrin Inc. has provided engineering services for flood control projects in Metro East since the firm was established in 1933. It recently was commissioned by the Army Corps of Engineers, St. Louis, to study flood protection facilities here. Excerpts from a Sept. 22 statement by H&S follow:

"The district is protected from flooding by a system of levees, channels and pump stations, many constructed in the first half of this century. Portions of the Metro East Sanitary District suffered major flooding and property damage in October 1986 when the flood prevention system along the east bank of the Mississippi River failed to contain the rain-swollen river.

"As a result of the flood, Congress authorized the Corps of Engineers to assist MESD with the needed repairs and deferred maintenance of the system.

"MESD's lack of sufficient funds over the years has contributed to a deterioration of the flood control system which protects 103 square miles. According to previous studies, repairs to the existing system would cost \$23 million.

"Federal funds could be made available to bear three-fourths of the cost. H&S's assignment from the Corps will result in a verification or adjustment of the repair costs in accord with current conditions.

"The basic components of the system are the levee itself; the ability to close roadways, rail openings and gated storm drains in the levee; and the management of water that falls on the hillsides or the protected flood plain itself during flood stages.

"Every part of the system must work or

the protection for an entire area can fail.

"H&S field crews inspected 81 structures and numerous drainage channels and canals. Gateways, which are deep underground structures containing large gates on buried gravity-flow drainage pipes, were inspected with television cameras, with the images recorded on videotape for further review.

"Some of these gates were found to be jammed and would not close, thus enabling flood waters to back up from the river to the area that is intended to be protected in times of high water.

"Pump stations, which return stormwater to the river once all the gates have been closed, also were examined. Numerous items require maintenance. Many of these items are the results of the aging condition of the system and delayed maintenance.

"Steel beams are rusting, masonry needs repair, some pumps need rehabilitation, and still more underground floodgates are inoperable. A few steel bridges providing access to various flood control structures need total replacement or major rehabilitation.

"Drainage channels, which relieve surface flooding in residential and industrial areas, are in need of dredging, widening, and paving to increase their capacity and to ensure their permanence. One major stormwater control structure is in need of replacement.

"The original cost estimates represent a minimum for the proposed improvements.

"Maintaining and upgrading the system... will protect... homes, businesses and industries as well as the lives and livelihood of over half a million people."

Letters policy

The Granite City Press-Record/Journal welcomes letters to the editor. The newspaper provides the "Letters" column to give readers an opportunity to voice opinions on various items of interest.

Letters should be brief, preferably less than 10 paragraphs. Typed letters, or letters that are neatly written are given priority treatment. Preference is also given to locally originated letters, but letters from outside the area are accepted.

Each letter must be signed and include the telephone number and address of the author.

Only the name and city will be printed, but authors may be called for verification purposes.

The Granite City Press-Record/Journal reserves the right to edit letters to conform with the newspaper's standards of style, punctuation, grammar and spelling. Letters containing libel will not be used. The letter's tone or intention will not be changed.

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Proposed bill gives Bi-State tracks needed for Metro Link

By Gail Compton
Staff affiliate

The Bi-State Development Agency would obtain the tracks necessary to operate the proposed light rail system under a bill approved last week by an aldermanic committee.

However, a clause that would have allowed the city to trade the city-owned MacArthur Bridge for the Terminal Railroad Association's Eads Bridge was eliminated from the bill.

The city counselor's office has

not finished work on the legal aspects of the bridge swap and a separate bill will be introduced in the Board of Aldermen in about two weeks, said the bill's sponsor, Alderman Jo Anne Wayne, D-1st Ward.

The aldermanic Transportation Committee on Oct. 6 gave unanimous approval to the bill that would allow the city to accept from railroads most of the track necessary to operate Metro Link, the 18-mile light rail system that would link East St.

Louis with north St. Louis County.

The City of St. Louis would deed the track to Bi-State, the agency that will build the Metro Link.

The bill would allow the city to accept from the Norfolk Southern Corp. a 14-mile stretch of track running from Vandeventer Avenue at Highway 40 through Forest Park to near Lambert-St. Louis International Airport.

The city also would accept from the Terminal Railroad its

track and tunnel downtown and the tracks running from downtown to Vandeventer.

The bill also expresses the city's intent to swap the bridges, which is necessary for the light rail system to proceed. The railroads would be able to take a tax credit for the donated infrastructure.

The track presently is only lightly used by the railroads, if used at all, said Jill Roach, transportation manager for the city.

Metro Link would be built with about \$228 million in federal funds. The city's share of the project would be the donation of the rail deck of Eads Bridge and the railroad tracks, estimated to be worth about \$90 million.

The bill is expected to be passed by the Board of Aldermen on Oct. 21, Wayne said.

Bi-State plans on Oct. 25 to sign a full-funding agreement with the federal Urban Mass Transit Administration, the agency that would funnel federal

funds to Bi-State. Congress already has allocated nearly \$150 million for the construction of Metro Link, although it has not yet passed the funding on to Bi-State pending the signing of the full-funding agreement, a Bi-State spokesman said.

Construction could begin in early 1990 and Metro Link is scheduled to be completed by 1993, Wayne said.

Church Women plan fall activities

Several events are scheduled in the next two months for members of Church Women United of the Quad City area, it was reported at the group's executive board meeting held Sept. 20 at St. Paul Evangelical United Church of Christ.

Seventeen members representing 11 churches attended the session, conducted by Dorothy Kinney, CWU president.

Among the activities discussed was a new project to raise additional funds to place a day care center in a licensed day care center and allow a parent to return to the work force or

continue her education.

Reports were given concerning legislative programs in Springfield, Project Help, Crop Walk for Hunger and the layette and literacy programs.

The June bond drive was successful and the group agreed to sponsor another drive on Dec. 28 from 1 to 7 p.m. at St. Peter's Church.

Members were advised of a meeting at Our Lady of the Snows to initiate plans for the 1989 State Assembly; the Fall Area Institute at Centralia on Oct. 20; and World Community Day at 7 p.m.-Nov. 4 at Mitch-

ell Presbyterian Church.

The public is invited to attend World Community Day, when the Crop offering will be collected.

In other action, approval was given by the board to a slate of officers submitted by the nominating committee. Those selected include:

Dorothy Kinney, president; Dorothy Luckert, first vice president; Mae Lee, second vice president; Joyce Bennington, secretary; Eva Clemons, treasurer; and Florence Simpson, nominating chairman.

Obtaining patent topic of SIUE seminar Oct. 20

Raymond C. Loyer, a senior patent attorney for Monsanto Corp., will conduct "An Introduction to Patenting" seminar from 7 to 9:30 p.m. Thursday, Oct. 20, in the Hickory Room of the University Center at Southern Illinois University at Edwardsville.

Loyer will discuss several points of the patent process, including: What can be patented, requirements to complete the process, licensing, and the use of

patents, trademarks, copyrights and "trade secrets."

Admission is \$10.

For more information, persons may call Susan Burgess at 692-2166.

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People Needing People serves region

By Carol Winders

"I'm an old nurse, and a new social worker," said Mary Peach, RN, MSW, CSW, facilitator and founder of the People Needing People Bereavement Support Group, sponsored by Hospice of Madison County.

"I attended the nursing school at St. John's Hospital and nursed for a few years, then took some time off to have a family. Eventually, I went back to get my bachelor's degree and got interested in hospice. After getting my master's degree, I worked at St. Luke's Hospital in Sheffield, England, with a group from SIUE."

Peach then decided she wanted to work with a hospice in the United States.

"I went to work with Hospice of Madison County. But, I realized something," said Peach. "We were expanding and were so busy, we never had the time to follow-up with the families. We were there for them during their loved one's illness. We got very close to them. Then after their loss, they lost us too. We had a few grief workshops, but nothing on-going; nothing to work out everyday problems."

Peach took the core group from a Grief Workshop she had conducted in the fall of 1985, and in January of 1986, founded, with the help of Hospice of Madison County, the People Needing People Bereavement Support Group. The group is open to all people of Madison County bereaved and all the bereaved in the community.

"At our first meeting, we had about 18 people," she said. "At our August meeting, we'd grown to 22. Some people came to one meeting, got what they needed and never came back; some came for six months, a year; some have been coming since the first few meetings. They're better now. In fact, one of our widows and a widower married. They come now to help others. That is my favorite part about this group. We have a family feeling. Everyone is so concerned and willing to help," Peach said.

The group shared a loss at its last meeting.

"One of our very strong mem-

bers was killed. It was such a shock to everyone. We all grieved together. That meeting was very difficult, but it really intensified our feeling of fellowship," Peach said.

Now, the group is expanding these meetings. Once a month to twice a month. Starting in September, they will meet on the fourth Tuesday of every month at Elizabeth Medical Center, from 7 p.m. to 9 p.m. They will still continue to meet on the second Tuesday of the month at Anderson Hospital, in Maryville.

"I'm very excited about the new meetings," Peach said. "By expanding to a second meeting and locating it in Granite City, we can better serve members of the group. Hopefully, we'll also attract new members."

The group also reaches out to those who cannot attend actual meetings.

"What started as reminders of meeting dates, gradually grew into a newsletter," Peach said. "I write something about what happened at the last meeting and list special dates and anniversaries of deaths for everyone. I also add inspirational poems, prayers or sayings. I've had several people who can't come to the meetings tell me how they have appreciated it and shared it with their friends."

As with many things in life, starting to come to People Needing People meetings is the hardest part.

"Coming to your first meeting is the hardest part. You have to drag yourself or be dragged. Then, once you get here, you want to cry. Everyone usually cries quite a bit during their first few meetings. Also, it is hard to talk about your loss. It is so personal and here you are in a group full of strangers."

"It takes some people a few meetings to warm up. Then, they realize they aren't the only ones who have experienced a loss, and everyone in the group really cares," Peach said. "They start to get a sense of hope from the group. These are people who have survived a loss. They have already gone through what you are experiencing now. It helps a lot of people."

Although there are no restric-

tions on the group, Peach does have some advice.

"I would advise anyone not to come for the first three months after their loss. It is just too sudden and too painful. Of course, if you feel you are ready, we welcome you. Everyone grieves at their own pace. Some people might be able to handle a meeting during those first months, but most people can't," Peach said.

At the meetings, the group deals with a lot of practical problems left by the death of a loved one.

"We talk a lot about difficult issues with housework, legal problems, financial situations and family crisis. We also talk about grief and its symptoms; independence versus dependence on children; the responsibilities you have when someone dies; restlessness and anxiety," Peach said. "We also talk about family situations. One meeting, I had older widows talking about how much silence bothered them. Later on, I had widows with teenagers talking about how to cope with the noise. We talk about a lot of 'why's' and 'if only's.' Overall, we try to keep our sense of humor and talk over, in a relaxed and spontaneous way, any problems that the members of the group have."

The group also deals with anger from time to time.

"When someone you love dies, there can be a tremendous amount of rage and guilt. Often there is no one the bereaved can safely express this anger to. It doesn't seem 'right' to be angry. We talk out a lot of anger."

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FIXTURE WITH TULIP-
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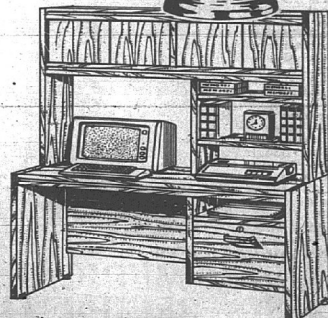
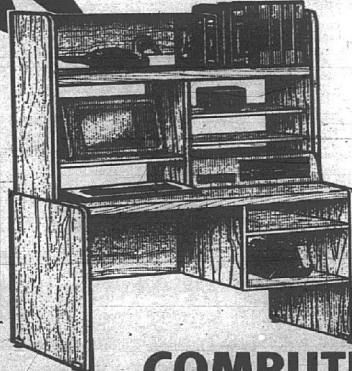
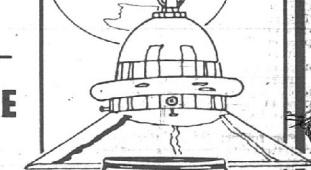
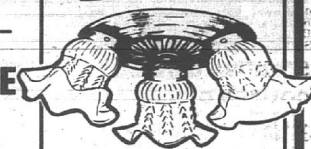
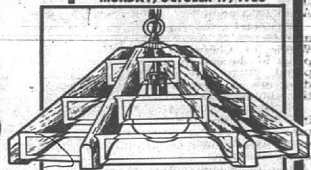
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Conference on adult education

An annual fall adult education conference, "Make It Happen," will be held Oct. 13-14 in Collinsville.

Sponsored by the Adult Education Service Center at Southern Illinois University at Edwardsville, the conference will be at the Collinsville Holiday Inn from 1 until 5 p.m. Thursday and from 8 a.m. until 3 p.m. Friday. A hospitality hour and dinner have been scheduled for 5:30 Thursday evening.

Featured speaker at the two-day conference will be Beverly Hickman, a lecturer from Springfield. Hickman will address the major differences between success and failure for the adult student. Her speech is titled "Meeting the Challenges of Adult Education."

A special symposium, "Trends and Issues in Adult Education: Winds of Change," will take place at the conference, and the panel discussion will include directors of many adult education centers in this area.

Nationally recognized publishing houses and other manufacturers will exhibit books, equipment and training materials for adult education.

Additional information may be obtained by contacting Duane Runkin, director of the Southern Illinois Area Adult Education Service Center at SIUE, 692-2254.

55-alive driving course offered

The 55-Alive Driving Course will be available Oct. 24-26 in Granite City.

The program is designed to increase the older driver's concern for age-related physical changes of vision, hearing and reaction time, as they affect driving, and to increase awareness of appropriate techniques for driving in complex traffic patterns.

It will be held at the Granite City Campus, 4950 Maryville Road, on Monday, Oct. 24, Tuesday, Oct. 25, and Wednesday, Oct. 26, from 7 p.m. to 9:45 p.m. The cost is \$7 per person for the three-day session and may be paid on the first day of class.

Only persons 55 years of age and older are eligible. Most insurance companies will give a discount on insurance premiums for seniors who have taken this class, a spokesman said.

For further information or to register for the class, seniors may call the Retired Senior Volunteer Program (RSVP) in Granite City at 876-3223.

Three business seminars slated

Three business education seminars have been scheduled in October at the Granite City Campus of Belleville Area College.

For information, persons may call the community college's Business Assistance Center at 335-2700, extension 201, or toll-free 1-800-BAC-5131, extension 201.

How to Start a Business will be offered from 7 to 10 p.m. Wednesday, Oct. 12, in Room 316.

Cost is \$15 per person and \$10 for each additional company member. Instructor is David Marshall, business and training representative in the Business Assistance Center.

The other seminars are scheduled on Oct. 22 as part of Saturday Experience, a series of non-credit personal interest workshops offered at the Granite City Campus. They are:

• Motivation for Personal Productivity, 9 a.m. to noon.

• Time Management for Professionals, from 1 to 4 p.m.

Cost for each workshop is \$25. Instructor for each session is Marlene Townner of the Business Assistance Center.

Ostomy support group forming

The Ostomy Support Group will be holding its second meeting at 7 p.m. on Oct. 18 in Pasco Hall at St. Elizabeth Medical Center.

The group is open to anyone who has had a colostomy, ileostomy or urostomy. It is designed to provide fellowship among people who have shared a common experience, and offer support to others. The families and friends of people with ostomies are encouraged to attend.

Anita Adams, RN, an enterostomal therapist, will discuss the different types of ostomies. She will also answer any questions anyone might have.

"Being in a support group will not only assist new ostomates, it will also help those who have been living with ostomies for some time," Adams said.

Anyone who has questions about the Ostomy Support Group can call 738-3167 for more information.

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FOR INSIDE OR OUTSIDE YOUR HOME

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2X6 INCH COMMON LUMBER	6 FOOT	8 FOOT	10 FOOT	12 FOOT
	\$1.99	\$2.99	\$3.99	\$4.99

4X8 FOOT B.C. PLYWOOD	1/2 INCH THICK	3/4 INCH THICK	5/8 INCH THICK
	\$9.99	\$13.99	\$14.99

4 X 8 FOOT BIRCH PLYWOOD	1/4 INCH	3/4 INCH	4 X 8 FOOT OAK PLYWOOD	1/4 INCH	3/4 INCH
	\$17.99	\$39.99		\$24.99	\$44.99

4 X 8 FOOT HOOK BOARD	1/2 INCH	3/4 INCH	4 X 8 FOOT HARD BOARD	1/2 INCH	3/4 INCH
	\$6.99	\$8.99		\$5.99	\$7.99

4 X 8 FOOT PARTICLE BOARD UNDERLAYMENT	3/8 INCH THICK	1/2 INCH THICK	3/4 INCH THICK
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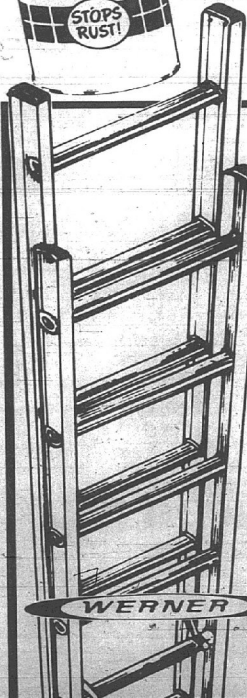
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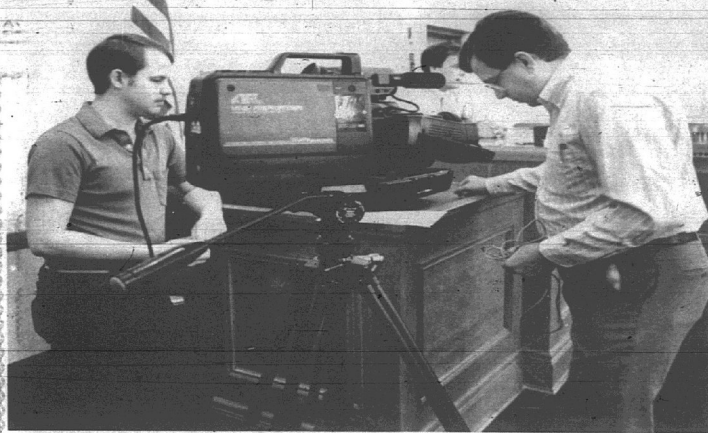
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GC TV: Jeffrey Taylor, left, and Randy Smith set up and test the camera the day before the Granite City Council went on the air Oct. 4. Smith has been hired by the city to broadcast the meetings on Channel 18 on Granite City Cencom Cable. Smith, a technician with Cencom, assisted in choosing and setting up the city's equipment. The aidmen were subdued, according to observers, during the council's on-the-air debut.

Constitutional convention — too costly, or worth it?

By Rick Arnold
Staff affiliate

Supporters call it a "once-in-a-generation" chance. Opponents term it a waste of money.

The debate is over a referendum on the Nov. 8 ballot calling for a state constitutional convention. If voters approve the referendum, they later would elect 16 delegates to conduct a convention within the next two years.

Any reform amendments drafted by the delegates would be brought before Illinois voters. The last such convention was held in 1969; a revised state constitution was adopted in 1970, replacing the 1870 constitution.

A provision in the 1970 constitution requires the convention issue be brought before the voters every 20 years, in case they might feel it should be changed.

Strongly opposed to calling a constitutional convention at this time are virtually all of the state's top governmental, labor and business leaders.

Supporting the idea is the Citizens for Constitutional Reform, a Chicago-based group. Patrick Quinn, spokesman, said the constitution must change if Illinois wants to meet the challenges of the future.

Quinn said his group is targeting the following areas for constitutional reform: tougher ethical standards for public officials, property tax reform, more funding for education, establishing a process for recall elections, expanding powers of citizen initiatives and improving utility regulation.

David Vaughn, a Fairview Heights attorney who is heading up Metro East efforts to get the referendum passed, said getting more state funds for education is a top priority.

Vaughn said educational funding is just one of many issues lawmakers have used as a "political football."

"The mistake we've made is delegating too much power to the governor and legislators," Vaughn said.

Others agree constitutional reform is necessary, but do not think a constitutional convention is the way to do it.

"The League feels this is shortsighted," said Betty Bucknell, who is on the board of directors of the state chapter of the League of Women Voters.

Bucknell, of Belleville, said the League would like to see merit selection of judges as well as more state funding for education. But the group feels the best way to do both is through the amendment process.

Bucknell said the expected cost of such a convention also concerns the League.

"Our best judgment would be \$30 million, based on the fact the 1970 convention cost about \$15 million," Bucknell said, adding that the biggest expense would come in providing food, lodging and transportation for delegates.

1970 convention cost about \$15 million," Bucknell said, adding that the biggest expense would come in providing food, lodging and transportation for delegates.

Amish Country trip offered on Nov. 12

GRANITE CITY — "Christmas in Amish Country" will be celebrated with a Park District trip to Arcola and Arthur, Ill., on Saturday, Nov. 12.

Sign-up day for the excursion will be Tuesday, Oct. 18, starting at 8 a.m., at the Wilson Park Office. The total charge for the trip is \$23.00 which includes bus fare, an Amish countryside tour and a buffet meal.

Park District residents will be given priority on reservations, with non-residents being placed on a waiting list, officials said. No one person can sign up more than two persons.

The one-day trip will include a visit to Rockme Gardens for the Craft Guild Christmas Show and a tour of the Amish region. A guide will accompany the visitors on board the bus to provide a narrative about the Amish way of life.

of life.

A buffet meal will be served at The Dutch Kitchen in Arcola and stops will be made at the Rockme Store and other Arcola shops, if time permits.

Further information may be obtained by calling the park office at 877-3059.

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We're Sorry!

In this week's White Sale circular, we advertised Nintendo game cartridges on page 18. Due to a printing error, the price and copy information is incorrect. The "Wizards and Warriors" and "Tiger Hill" cartridges pictured, reg. 29.99, are on sale for 28.99. "Life Force," which is not pictured, reg. 39.99, is on sale for 34.99.

On page 22 we advertised ladies' Clavin Varsity sweatshirts, reg. 49.99, on sale for 39.99. Due to the manufacturer's inability to ship on schedule, we regret that the merchandise may not be available in all stores at the beginning of the week. We will honor rain checks to our customers.

We regret any inconvenience this may cause you.

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Twin 4.5 oz. applications. Regular double of Twin 4.5 oz. applications. Vinegar & Water, White Flowering or Hint of Musk. Lotuses. Limit 2 with coupon.
Vinegar & Water or White Flowers... 79¢ Single
Good thru Sat. Oct. 15, 9:00 at Super-X, Sav-On and Thrifty.

109 **Coke 2 Liter**
Regular or Classic Coke, Diet Coke, Cherry Coke or Sprite.

169 **Safeguard Bath Soap**
Buy 3 get 1 Free! Reg. 2.52
Aloe Cleanser, 14 oz. - 2/99

3 FOR 100 **Top Flight Thermobooks**
70 sheets. Regular price, Reg. 30¢ each.

349 **Lens Plus**
8 oz. sterile saline solution
Ultrazyme Enzyme Cleaner, 10 tablets. - 6.99

499 **Dosidex**
30 capsules. Laxative with stool softener.
10 capsules... 1.99

299 **Sally Hansen New Lengths**
Micro fiber strengthener, assorted fashion shades.

99¢ **Crystal Pure King-Size Pops**
13 1/2 oz. pops, 19 oz. midges, 15 oz. snack size or Child's Play Kool-Aid Mix.

169 **Hershey's Snack Size**
12 oz. milk chocolate or almond bark, 12.3 oz. Kit Kat, 13.8 oz. Reese's Peanut Butter Cups or 16 oz. 9th Avenue bars.

109 **Charmin Bath Tissue**
4-roll pack. Reg. 1.49
Scented Wrap, 50 sq. ft. - 1.09

259 **Halloween Make-Up For People & Pumpkins**
10 Pkts. Kits for kids and pumpkins too. Reg. 3.59

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1788 **Deluxe Adult Fabric Costume**
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Twin pack. Total of 30 exposures.

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Illinoisans AIDS educated

Illinois residents have become more knowledgeable about the disease in the past 18 months about how AIDS is transmitted and are more likely to practice safe sex to reduce the risk of catching the deadly disease, according to a survey conducted for the Illinois Department of Public Health.

The survey, when compared to a similar Department telephone poll in January 1987, also found respondents were more concerned yet more compassionate about the disease, and a majority believe AIDS patients and those in high-risk groups should not be forced to be tested or discriminated against.

"The results of this survey prove aggressive public education efforts will result in behavioral changes that prevent thousands of persons from being infected with the AIDS virus," said Dr. Bernard J. Turnock, director of the Illinois Department of Public Health. "With no cure for AIDS, we must change those behaviors that put people at risk of contracting the disease and our survey indicates that changes have been happening."

While significant gains were reported in the knowledge of the overall population, the survey also found that young minorities are still less informed and more fearful of the disease than the general population.

"The progress we've made in Illinois is encouraging, but the survey shows us there are still groups we need to reach to spread the facts about this disease," Dr. Turnock said. "We will use the information generated by this study to continue to mold our public education programs to stop the spread of AIDS."

He said the latest survey findings included:

•The percentage of respondents who feel they know a lot about AIDS has doubled (13 percent to 27 percent) since January 1987. Another one out of four, however, still feel they know little about the disease, and only 18 percent of the young minorities considered themselves very informed.

•Significant behavior changes, especially among young minorities and singles, have occurred since January 1987. The majority of married and single young minorities, as well as single adults age 25 to 44, say they are actually reducing their risk of getting the disease. More than half of the singles say they are now using condoms, seven of 10 say they are now more careful when choosing sex partners and 53 percent say they have fewer sex partners.

•The overwhelming majority of those polled were very knowledgeable about the ways AIDS can and cannot be spread. However, those least knowledgeable as to ways AIDS is spread were the youngest (16- and 17-year-olds) and single elderly (over age 45) respondents, non-whites, unemployed and downstate residents.

•AIDS is the most serious medical problem facing the country, according to two-thirds of the general population, up from 52 percent in early 1987.

"As in January 1987, eight out of 10 Illinois residents feel children with AIDS should be allowed to attend school with other children.

"The majority of the general population (61 percent) and young minorities (65 percent) believe AIDS patients and those in high-risk groups should not be forced to be tested or discriminated against.

"Nearly all respondents believe their personal physician, the state health department and the U.S. surgeon general are reliable authorities on AIDS. About half felt that the news media was a reliable source of information.

"Knowledge of the state AIDS hotline, 1-800-AID-AIDS, has nearly doubled since January 1987, from 27 percent to 42 percent.

The survey was conducted by telephone between July 7 and 16 of 82 residents between the ages of 16 and 65, and 201 blacks and Hispanics between the ages of 16 and 25. The 1987 survey showed that young minorities were the least informed and most fearful of the disease, so a separate sample of that group was included.

Veterans name senator their 'man of the year'

CHICAGO — State Sen. Sam Vadala, D-Edwardsville, has been named "man of the year" by the Combined Veterans Association.

"I am honored and humbled by this award," Vadala said. He has been an avid supporter of veterans' legislation, including the Illinois Constitutional amendment to exempt veterans' organizations from property taxes.

Vadala was also an outspoken opponent in 1987 of the

move to close several veterans' field offices operated by the Department of Veterans Affairs.

"The closing of these offices made veterans — especially those in southern and northwestern Illinois — drive hundreds of miles to receive assistance. There were other places that the budget could have been cut rather than to cut vital services for the men and women who risked their lives for our country," Vadala said.

Bi-State Agency eyes Metro Link's signing

Executives of the Bi-State Development Agency expect to sign on Oct. 25 a contract obligating the federal government to pay for construction of the proposed Metro Link light rail transit system.

A Bi-State spokesman said Alfred A. Dellibova, administrator of the Urban Mass Transportation Administration, will attend the signing ceremony.

The contract is slated to be signed at 10 a.m. on the top level of the Gateway Arch parking garage in downtown St. Louis.

The contract requires the federal government, through UMTA, to pay the \$388 million construction cost of the 18-mile system. It would run from East St. Louis to Lambert-St. Louis International Airport.

A Bi-State spokesman said Congress already has allocated nearly \$150 million for Metro Link construction.

If construction gets under way next spring, Metro Link could begin operating in early 1993, Bi-State has said.

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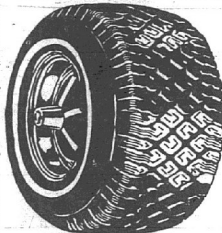
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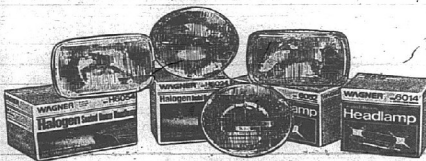
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P155/80R13

\$29⁷⁵
P165/80R13
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P185/75R14
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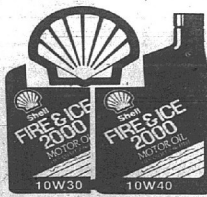
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State OKs SIU union elections

SPRINGFIELD — Faculty and professional staffs at Southern Illinois University will vote within two months on union representation.

The pending elections were made possible Sept. 29 by a decision of the Illinois Educational Labor Relations Board, which met in Chicago.

Separate elections will be held for faculty and staff at the Edwardsville, Alton and Carbondale campuses.

The board also ruled department chairmen should be included in the faculty bargaining unit. Elections first were requested more than three years ago.

About 700 employees at the Edwardsville and Alton campuses will be voting on union representation, as will about 1,700 at the Carbondale campus.

The SIU administration could appeal the labor relation board's decision in circuit court. The Edwardsville and Carbondale campus elections will pit the two major teacher unions, the Illinois Education Association and the Illinois Federation of Teachers, against each other for the first time to represent university faculty in the state.

A 1983 state law guaranteed the right to union representation elections for educational employees if at least 30 percent of those

proposed for the bargaining unit submitted cards requesting a vote.

The state blamed the delay in reaching a decision in the case on the more than 7,000 pages of testimony and exhibits the Educational Labor Relations Board had to review.

The majority of the legal documents were submitted by the SIU administration's lawyers.

The only successful faculty union representation election at

an Illinois state university since the 1983 law was passed was at Sangamon State University, Springfield, where an IFT affiliate won.

Faculty at Northern Illinois and Illinois State universities narrowly rejected union representation.

The faculty of the Board of Governors system, which includes Eastern Illinois, Western Illinois, Chicago State and Governor's State universities,

voted for IFT representation before the 1983 law was passed.

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HOGPEN REVISITED: An unincorporated area just outside Madison, known as Hogpen, populated by between 800 and 1,200 pigs, has been rebuilt since most of it was destroyed by a fire that started in an illegal dump there in May. No local fire departments would respond to the fire, which burned out of control for more than a week. The lack of response and the dump itself were the subject of investigation by Madison County State's Attorney Dick Allen, but those who have hogs there said so far nothing has changed.

Simon urges halt in Medicare cuts

WASHINGTON — Sen. Paul Simon, D-Ill., has announced a bipartisan, bicameral fight to protect Medicare from further budget cuts in 1989-90.

Simon was joined at a news conference Sept. 28 by other members of Congress and leaders from a coalition of labor, consumer groups and health care providers to announce a joint resolution expressing congressional intent to protect Medicare hospital payments (Part A of the program) from any further budgetary cuts in Fiscal Year 1990.

The 1989 federal budget year began Oct. 1.

The lawmakers said offering the bill in the closing days of the 100th Congress will pave the way for early consideration next year and give time to attract more support.

Simon argued that further budget reductions threaten the financial viability of many hospitals and the quality of care to Medicare patients.

"We are introducing a resolution in the House and in the Senate which simply calls for a sense of Congress that there should not be a further reduction in Medicare Part A as we try to get rid of the deficit," said Simon.

Fourteen hospitals in Illinois have closed since 1986. In recent years, hospitals that serve large numbers of publicly paid (Medicare and Medicaid) patients

have struggled to maintain an operating margin "in the black."

At St. Anne's Hospital in Chicago, which closed last month, about one-fourth of its patients were Medicare recipients.

"Medicare was designed as a commitment, a social insurance plan to those who have contributed to our country's well being," said Simon.

"Instead of fulfilling that commitment, we have increased the out-of-pocket expenses of our elderly and disabled. At the same time we have reduced the options that our nation's hospitals need to provide access to quality care to those elderly and disabled beneficiaries."

"Over the last several years, this administration has sent down budget request after budget request proposing Medicare cuts," said Simon. "These cuts have come from several places, but mostly they have come through Medicare cost containment and changed reimbursement rates to hospitals. Today, we see new evidence that these cuts are coming home to roost, and in ways that are tangibly hurting our communities."

Simon also noted the Medicare Hospital Insurance Trust Fund is expected to produce an annual net surplus and therefore does not contribute to the deficit. Medicare provides health insurance coverage for 33 million of the nation's elderly and disabled citizens.

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Museum's doors open Nov. 1

The existing Cahokia Mounds Museum will close its doors as of Wednesday, Oct. 12, but that isn't bad news.

A new multi-million museum/interpretive center will be open to the public 20 days later, on Nov. 1.

The new facility, located south of Collinsville Road, will be completed in the next few days, said Margaret Brown, site superintendent. At that time, employees

and staff of the Cahokia Mounds Museum Society's Museum Shop will be moving into the new quarters.

Permanent exhibits for the new museum won't be completed until July 1989, Dr. Brown said, but there will be temporary displays in a lobby area of the new museum and a slide show in the auditorium until then.

The parking area at the old museum is being closed permanently to allow a more attractive and authentic view of Monks Mound, Brown said. A parking lot east of Monks Mound has been constructed for those visiting the mound and the stockade.

Brown said she is sorry for any inconvenience the closings may cause. "But we will soon be able to serve you better in our beautiful new facility," she said.

School board conference set

Area school board members and superintendents will meet at Belleville Township High School West on Wednesday night, Oct. 12.

The semi-annual conference and dinner meeting for member districts of the Southwestern Division of the Illinois Association of School Boards (IASB) begins with an open house at 5 p.m. and dinner at 6.

Following an association report by Harold E. Seamon, executive director, IASB, there will be a keynote address by

Barbara M. Wheeler, president, IASB, a member of the Downers Grove Board of Education. Wheeler will outline IASB's purposes, organizational philosophy, and action plans.

IASB is a voluntary service organization of about 900 Illinois school boards. Its offices are in Lombard and Springfield.

The Southwestern Division includes the counties of Jersey, Madison, Monroe, Randolph and St. Clair.

Senior classes slated

The schedule for the Dialogue for Senior Citizens lectures at Southern Illinois University at Edwardsville during fall quarter has been announced.

Sponsored by the Gerontology Program, the lectures are presented Wednesdays from 1 until 3:30 p.m. in the conference area of the University Center. The programs are free of charge.

The schedule of lectures includes:

•Oct. 19, Akan Gold from the Wreck of the Pirate Ship, Whydah, by Martha J. Ehrlich, assistant professor of art and design.

•Oct. 26, Great Western Trails, by Stanley Kimball, professor of historical studies.

•Nov. 2, SIUE Choral Concert Tour of Europe, by Leonard Van Camp, professor of music.

•Nov. 9, What Is Going on With the Telephone and Electrical Rates?, by Stanford Levin, chairman of the department of economics and formerly a commissioner on the Illinois Commerce Commission.

•Nov. 16, Rocks and Stones, by F. Henry Firsching, professor of chemistry.

•Nov. 30, Medications and the Elderly, by Janice Rumpf, assistant professor of nursing.

•Dec. 7, Current Legal Issues Affecting Senior Citizens, by John Gilbert, Office of the General Counsel at SIUE.

Additional information concerning any of the lectures may be obtained by contacting Anthony Traxler, director of the Gerontology Program at SIUE, at 682-3454.

New trial ordered in abduction, rape

A new trial in the case of a kidnapping and sexual assault of a Collinsville woman may be held within two months following an Illinois Supreme Court ruling last week.

The court ruled that the three East St. Louis men convicted of the crimes in 1984 were discriminated against because blacks were excluded from the jury solely because of their race.

St. Clair County State's Attorney John Baricevic pledged Sept. 26 to retry the case. A second trial for defendants Rodney Burke, 27, Mark Hicks, 28, and Robert McDonald, 32, could be held in November or December, he said.

The three men are black. The victim, 19 at the time of the incident in October 1983, is white.

The woman was abducted from a bank parking lot, taken to East St. Louis and assaulted.

"The (U.S.) Supreme Court changed the standards on us," Baricevic said. At the time the Collinsville case was tried, a defendant's attorney had to show a systematic exclusion of blacks in order to win an appeal.

In 1986 the U.S. Supreme Court decided it was not necessary to prove a pattern of discrimination, but only that it occurred in the defendant's case.

"We fulfilled all those existing standards," Baricevic said. "We did everything absolutely appropriate with the case."

Sixteen blacks were kept off the jury when the prosecutor used automatic exclusions and a 17th black was excluded for a specified cause, according to Rita Peterson, an attorney

appointed to represent McDonald and Burke on their appeal.

"I thought this was a clear case (of discrimination)," Peterson said. Attorneys representing the defendants at the trial had raised the issue of discrimination, making the successful appeal possible, she said.

Howard Eisenberg, a professor at the Southern Illinois University at Carbondale law school who was representing Hicks on the appeal, described the level of discrimination in selecting the jury as extreme.

Eisenberg said the prosecutor on the appeal said he was unable to determine whether a prospective juror was black.

"My office has not categorically discriminated against black defendants," Baricevic said. "Last week we had nine blacks on a jury."

He said his prosecutor could not "read the minds" of the U.S. Supreme Court justices and hadn't kept notes on why each of the prospective black jurors had been excluded from the case.

The retrial is not a surprise, Baricevic expected it when a hearing on the question was held in St. Clair County in June. The Illinois Supreme Court had asked for the hearing before issuing its ruling.

"My frustration is that this has taken so long," Eisenberg said.

Two of the justices said last year that there was no need for the hearing and that the Supreme Court should have issued an order at that time for a new trial, he said.

School news welcomed

Send information and photos about school events at the elementary, middle and high school levels to: Paul Guggina, Granite City Press-Record/Journal, 1815 Delmar Ave., Granite City, IL, 62040.

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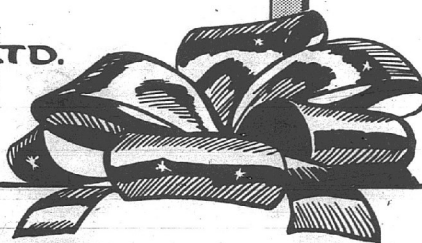
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DON'T MISS THIS EVENT!

Bi-State lift-equipped buses on view Oct. 17

Disabled people can test the Bi-State Development Agency's new lift-equipped buses and vans at area shopping centers the week beginning Oct. 17, a Bi-State official said.

In addition, staffers of the bus company will be available to suggest travel routes for disabled persons who are dependent on public transportation.

The buses and vans will be on view from 10 a.m. to 2 p.m. at:

•St. Clair Square Shopping Center (by the water tower) Oct. 17.
•St. Louis Union Station (south end of the rear parking lot) on Oct. 18.

•Crestwood Plaza (west of the main entrance) on Oct. 19.

•Northwest Plaza (near the intersection of Lindbergh Boulevard and Old St. Charles Road) on Oct. 20.

•Alton Square (southwest lower parking lot) on Oct. 21.

Crime control stressed

Emphasizing that citizens and law enforcement must work together to effectively prevent crime, Gov. James R. Thompson has proclaimed October as Crime Prevention Month in Illinois, in conjunction with the national observance.

"I urge all citizens, law enforcement personnel, businesses, media, civic groups and public officials to make crime prevention their business and to join with McGruff in commemorating this month," he said.

J. David Coldren, executive director of the Illinois Criminal Justice Information Authority, said the state's theme for the month is "Crime Prevention: It's Worth Your Time."

"Why are we telling people it is worth their time? Because, quite simply, crime prevention works," Coldren said.

"Each year the Authority conducts seminars and participates in other crime prevention events. Each year we hear new stories about how local efforts are making a difference," he said.

"Success stories come from Champaign, where residential burglaries are down by one-third in the first part of this year. From Naperville, where burglaries from garages are down more than 50 percent over the last six years. From Edwardsville,

where people are successfully deterring thefts by marking their possessions.

"In these and other examples, local officials are attributing reductions in crime to organized prevention programs in which the police and the community work together," Coldren added.

In Illinois, 465 law enforcement agencies currently participate in the Authority's statewide crime prevention campaign, which features McGruff, the public service character who urges Americans to "take a bite out of crime."

Each of these agencies has received a kit with ideas for local programs and events during the month and throughout the year.

As part of its ongoing campaign, the Authority this year will publish and distribute five million pieces of crime prevention literature. It will also answer more than 2,500 requests for information and referrals on its toll-free phone number, 1-800-4-MCGRUFF.

"There are three elements to any crime: desire on the part of the criminal, his ability to commit the crime, and the opportunity to do so," Coldren said. "While we may not be able to change a criminal's desire or his ability, we can certainly reduce the opportunities for crime."

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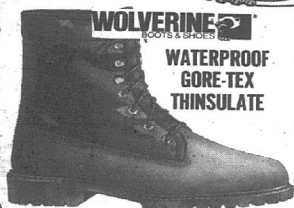
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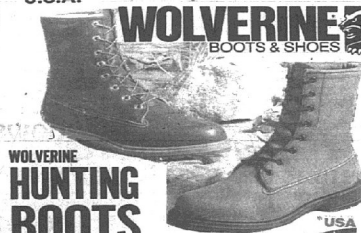
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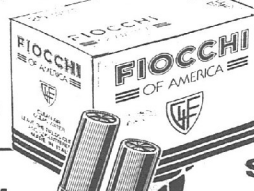
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NEXT TO CHILDREN'S PALACE

Still no contracts in School District 9

GRANITE CITY — Although teachers and other School District 9 employees returned to work two weeks ago following a three-week faculty strike, neither the teachers nor the secretaries of Granite City Federation of Teachers Local 743 have contracts.

While teachers reached a tentative agreement with the school board before voting to end the strike Sept. 27, the Local 743 Secretary Council is still negotiating. Those talks

were set to resume at 6 p.m. Tuesday, delayed by the Columbus Day holiday Monday.

Local 743 President Shirley Stoll previously explained the delay in the teachers' ratification as contingent on an agreement for the union's secretaries.

"They are part of our local and were on strike with us, so it's not fair for us to ratify our contract and leave them out there hanging," Stoll said.

Search for man seen on McKinley Bridge halted

VENICE — Dee Adams of the Bubblemasters Underwater Recovery Team (BURT), Granite City, said Tuesday there are no plans to resume the search for a man who either jumped or fell from McKinley Bridge about 7:30 a.m. Sunday.

Authorities have tentatively identified the man as Theodore Cheatum, University City, Mo. According to Adams, 16 local divers searched the body for about 11 hours Sunday. Twin Rivers Search and Rescue Inc., East Alton, also conducted dragging operations, assisted by police and firefighters from Venice.

A 1983 Ford registered to the Flower Shoppe, Richmond Heights, was left in an east-bound lane of the bridge with the door open and the engine running. The shop was owned by

Cheatum. A motorist first reported the car to Dorothy Shepard, a bridge toll collector. Another motorist reported seeing a man jump or fall from the bridge, but did not see him again after the man hit the water.

Adams said divers concentrated their search about 300 yards from the Missouri side of the river.

"It was only three or four feet deep at the point where he jumped or fell. The divers were wading out there in water about waist deep," he said.

The car probably floated over into the current and then floated downstream," Adams said.

Venice police said only a brown tweed cap believed to have belonged to Cheatum was recovered.

'Dedication' concert for new harpsichord

It will be difficult to determine where to train the spotlight during the Oct. 14 concert at Southern Illinois University at Edwardsville — on the new SIUE harpsichord or on George Lucktenberg, the keyboardist who will be performing on that instrument.

Lucktenberg, a musician known nationally for his interpretations of early keyboard music and for his concerts with historical instruments, will perform at 8:15 p.m. in SIUE's Lovejoy Library auditorium.

On the other hand, the harpsichord is also celebrated in its own fashion, at least on campus. The new arrival was constructed by master builder Peter Tkach of Webster Groves and has added a new dimension to the music department at the university.

Tkach, who has created a reputation as a maker of fine instruments in the St. Louis area, also has built harpsichords for other institutions.

The SIUE harpsichord was first introduced on campus at a free concert earlier this year, but the Oct. 14 concert has been billed as a dedication for the new keyboard. Tickets have been purchased through the Excellence in Undergraduate Education Fund.

The program will feature Lucktenberg in performance of both early music for harpsichord and contemporary works not yet published.

Lucktenberg, who has traveled throughout the country, also was

set to conduct a master class at SIUE in 18th century performance practices Oct. 13. Tkach will also be on hand that day to discuss various aspects of harpsichord making. For information, the SIUE department of music can be called at 882-3800 or from St. Louis toll-free at 821-5168, ext. 3900. The master class will be open to area teachers and students.

Lucktenberg, director of the Allenor Harpsichord Composition Award and a leading proponent of the expanding contemporary harpsichord repertoire, has been honored by the National United States and Hawaii while-focusing activities in the South, where he settled in 1953 as that region's first touring harpsichordist.

At Converse College in Spartanburg, S.C., Lucktenberg's performance curricula has been called innovative and has been enhanced by a "mini-museum" of antique and replica harpsichords, clavichords and early pianos.

In 1980, Lucktenberg founded the Southeastern Historical Keyboard Society, which has attracted worldwide attention with contests, publishing and scholarly programs. At the National Music Institute in Rochester, Mich., Lucktenberg established a harpsichord training program on levels, complementing his position as senior member of the keyboard faculty.

His publications include articles in national journals and several editions of masterworks.

Monsanto, Krummrich to help with pest control

The trash collection problems in East St. Louis have brought unwelcome visitors — rodents and other pests — to the homes of many people living in the area, according to a Monsanto plant spokesman.

To aid neighbors in home pest control, the William G. Krummrich Plant in Saugeen and the Monsanto Fund have donated \$5,000 to the East Side Health District for the purchase and distribution of home pesticides. The pesticides will be purchased by the Health District and distributed to residents of East St. Louis, Centerville, Canteen and

Sites townships.

"I'd like to thank Monsanto for contributing this funding so we can meet basic health needs in the community," said Joe Jurje, executive director of the East Side Health District. "East St. Louis has had the most problems with pests because of accumulated trash and we hope the townships who request the pesticides will receive them."

Residents will also be trained in how to use the items.

Those who wish more information may call the East Side Health District at 874-4713.

Kozyak honored at college

Melissa Kozyak has been selected to receive a Distinguished Library Award in recognition of superior academic achievement at the University of Illinois.

A book will be purchased in her name for the library at the University of Illinois, Urbana-Champaign. The book will carry her name and accomplishments will be placed in the book. She will be honored at a ban-

quet during Dads Day Weekend on Nov. 4.

Kozyak was chosen to receive the award because of her ranking as one of the top three students in the College of Education. She is a member of Alpha Lambda Delta and Phi Sigma honorary societies and Alpha Xi Delta sorority.

Her parents are Mathew and Sandra Kozyak, Granite City.

•Junk

(Continued from Page 1A)

screen or even a fence. It's been like that for many years; it looks impossible, but I'm going to get it cleaned up."

Partney was looking at the Paul Seebold Concrete Co., 1106 22nd St., a scrap yard that has been a frequent target of vandals in recent years.

Tired of fighting with the tenant about a cleanup, Partney severed the property owner, the Norfolk & Western Railway.

"Like any other landlord in the city, I think I need to be held responsible for their tenant," Partney said. "I've known Paul since I was a kid and it's nothing personal. But there's no excuse for this junk — it's an eyesore — and somebody's got to be the bad guy."

Although the no-boards law is still pending, Seebold's is a different story.

In April, City Inspector Erv DeRousse sent the railroad a letter and things started moving. Several times, the railroad was scheduled for court and each time the case was delayed for one reason or another.

DeRousse stuck to his demand that the railroad possibly be fined for each day after the original notice.

"Nobody thought we would ever get it done," Partney said this week. "People had been trying for years."

"You're right. Nobody believed we could do it," the

city inspector agreed. "Everyone thought it was impossible."

"It had been like that for 20 years," Partney said.

"Well, I got progressively worse," Partney said. "He never got rid of anything."

Repetitive calls by reporters to reach Seebold for comment have been unsuccessful.

Some time in mid-summer, Norfolk & Western gave Seebold notice to leave, the city officials said.

"We don't know anything officially, but I think they (sent notice seeking to evict) him," DeRousse said. "I think it was about the time my pictures went up that he got the notice," Partney said.

The office building had "Partney for mayor" signs posted on the front in July.

The railroad made an out-of-court agreement to clean up the area to the city's satisfaction.

"At first, they wanted us to give them an itemized list, but we wouldn't give it to them. Finally, they agreed to have us inspect what they'd done," DeRousse said.

On Monday, DeRousse, Partney and Assistant City Inspector Vince Scrump went to look at the near-final cleanup.

"I called them this morning and told them it's not done — as far as I'm concerned," DeRousse said.

He said there are some final

touches still to be completed.

Partney said he wants the graded ground leveled and the grass seed to be planted, either by the railroad or the city.

"If I got the grass seed myself," he said, "Grass seed is not that expensive, I'll do it and then have the city plant it."

Partney also said he wants the historically present sidewalk replaced, either by the railroad

or the city.

"But I've got to admit it's a great improvement," he said.

"Granite City's newest park," DeRousse said.

As the three stood on the former location of Seebold Concrete, Paul Seebold drove by. Seebold slowed and shouted out the window.

"Are you satisfied?" he asked. And drove on.

Obituaries

Asberry

O. Marie Asberry, 86, Millstadt, died Friday, Oct. 7, 1983, at St. Elizabeth's Hospital, Belleville.

Born on May 31, 1902, in Burnt Prairie, Ill., she was preceded in death by her husband, Frank Asberry. Survivors include a son, Bob Wood, of Granite City; a daughter, Mrs. Frank (Jean) Vickers of Millstadt; a granddaughter and a great-granddaughter.

She was a member of Columbia Senior Citizens and World War II Veterans McManus Barracks 100 in Caseyville.

Funeral services were conducted Tuesday at Strauss Funeral Home in Millstadt. Burial was at Mount Evergreen Cemetery.

John Fryntzko

Fryntzko

John D. Fryntzko, 73, Granite City, died at 5 p.m. Sunday, Oct. 9, 1983, at St. Louis University Medical Center. He had been ill two months and hospitalized two months.

Born Oct. 9, 1915, in Granite City, he was a lifetime resident here. He was employed for 39 years in the accounting department of General Steel Industries and also worked 15 years for the Illinois State Racing Board.

A member of the Nativity of the Virgin Mary Orthodox Church, Madison, where he sang in the church choir and was a reader, he was a member of the Novi Nino Old Slavonic Church in St. Louis.

He is survived by his wife, Agnes T. (Mudrovic) Fryntzko, whom he married June 24, 1944, in St. Louis; two daughters, Mrs. Michael (Jeanne) Martynovich, New Canaan, Conn., and Mrs. Eric (Marie) Robertson, Granite City; five brothers, Vasil, Andrew, Vladimir and Harry Fryntzko, all of Granite City, and the Rev. Innocent Fryntzko, Kodiak, Alaska; one sister, Mrs. Anthony (Olga) Simula, Granite City; and five grandchildren.

A 10 a.m. funeral service will be held today (Wednesday) at the Nativity of the Virgin Mary Eastern Orthodox Church, 416 Ewing Ave., Madison, with the Rev. Thomas Succarotte officiating. Burial will be at the church cemetery in Edwardsville. Visitation was held from 3 p.m. to 9 p.m. Tuesday at Thomas Memorial Mortuary, 2205 Pontoon Road, with a funeral vigil service at 7 p.m.

Granda

Mildred L. (Holder) Granda, 60, Granite City, died at 3:16 a.m. Sunday, Oct. 9, 1983, at Mary Zion Hospital, Maryville. She had been in the hospital for two weeks.

She was born Oct. 11, 1927, in Chaffee, Mo., and had lived in Granite City her entire life. Mrs. Granda was of the Pentecostal faith.

Survivors include her husband, Joe Granda; one daughter, Mrs. Susan Rainey, Granite City; one son, Edward Lance, Granite City; two sisters, Mrs. Roy (Ruth) King, Pontoon Beach, and Priscilla Holder, Granite City; two brothers, Joseph and Robert Holder, both of Granite City; her mother, Mrs. Ida Holder, Granite City; and five grandchildren.

Visitation was held Tuesday after 4 p.m. at Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach, where funeral services will be held today (Wednesday) at 10 a.m., with the Rev. Henry Crispin officiating. Burial will be at St. Mary's Cemetery, Edwardsville.

Man shot, killed

EAST ST. LOUIS — A Madison man was shot and killed Tuesday morning in East St. Louis.

Terry Willis Wright, 26, a resident of the Grenzer Homes apartment complex, was pronounced dead at 5:39 a.m. Tuesday by St. Clair County Deputy Coroner Albert Ransom.

Details of the shooting were unavailable from East St. Louis police at presstime.

•Flood

(Continued from Page 1A)

costs are projected at \$310,000 for design and maintenance and \$90,000 for implementation.

In addition, Congress in 1988 authorized the Corps of Engineers to participate in eliminating MESD's \$23 million backlog of work to modernize its system of levees, floodgates, pumping and lift stations, canals and diversion channels; \$17,250,000 is to be provided by the federal government and \$5,750,000 by MESD.

Close monitoring of MESD is spelled out in the Illinois Public Act that calls for the following:

1. Shall the maximum tax rate for the MESD be established at 47.8 cents per \$100 assessed valuation for five years and then at 31.2 cents thereafter, instead of

21.68 cents?

2. Shall the law require the MESD board to repair, maintain and improve its facilities and properties in compliance with the standards prescribed by the Department of Transportation?

MESD's executive director is instructed to prepare end-of-fiscal-year reports both for the board and the DOT on financial and administrative activities, as well as any interim reports that the DOT requests.

And the MESD executive director is required to "advise, assist and cooperate in fostering the interest of institutions of learning and civic, professional and employee organizations in the improvement of personnel standards and conditions in the district."

Faith more than slogan for auto bumper sticker

By John Stahlman

Staff affiliate

Many accuse religion of being ineffective or even useless because its faith and its application are kept within the institution instead of being an influence in the larger world of neighborhood and community.

Maybe the accusers are right. There is some evidence that the ethics talked about in the church buildings are more demands than the actions found in the marketplace. For whatever reason, pious acts seem easier Sunday than they do Monday. It also seems a lot easier to accept forgiveness while sitting in the pew than to offer it from behind a steering wheel. Praying seems natural behind stained glass windows, but a little out of place on the factory floor or in an executive suite.

If it is true that religion and faith seem to be restricted by time and place, any signs of religion's influence beyond one day a week and outside church buildings would be good news. The task is to find them.

One place to find religious influence in secular settings is to take to the highways and read bumper stickers. Some years ago, "Hunk if you love Jesus" was a popular bumper sign. But now it's "God is in the driver's seat." Found better ways to publicly affirm their love.

Many of the bumper stickers of 1983 have as their substitutes for the word love. Just today I saw a bumper sticker with a bright red heart between the words "I love" and "God." Apparently, love has become another four-letter word not used in polite company. Something doesn't seem to square with the biblical encouragement to love God, neighbor and yourself.

Many of the religious bumper stickers I see on my daily trip to and from work are pasted on cars that are exceeding the speed limit. The religious weaving from lane to lane. Such flouting of the law can be a compelling witness, unfortunately.

Another place to see religion in public places is to attend big sporting events, especially those covered by network television. From bleachers and cheap seats, banners with "John 3:16" hang and wait for the camera man to broadcast the cryptic

message to millions of viewers. I assume all those banners are the work of a single religious zealot that got a ticket to every televised football and baseball game. Maybe this Christian commander-in-chief is the brother-in-law of the cameraman or maybe he has something on the ticket agent.

But it really doesn't matter. I never have heard of anyone changing their lifestyle because they saw a John 3:16 banner at a ballgame. Even I ignore urgings to read John 3:16 unless the preacher affirms his confidence in John 3:17.

Not all signs of public interest in private religion are as offensive or ineffective as bumper stickers and ballgame banners. Some are just the opposite.

Last Saturday, my wife and I took an early morning ride and after an hour or so stopped for breakfast. Pasted on the restaurant entrance was a hand-printed sign that told us something about the owner or manager. Although I can't remember the exact wording, I haven't forgotten the kindness and communicated nor its witness for good.

When patrons bring a church banner to the restaurant, the attendant gives a 10 percent discount off the menu price of dinner on designated days. In a creative way, this restaurant encourages diners to worship where they like and then rewards them for the effort. Every Sunday week, the little sign reminds customers of the Lord's Day. The lack of coercion to attend a particular congregation respects individual preferences and reveals a tolerance for differences. All in all, I thought it was a nice touch.

I doubt that Jesus ever wanted to hang a banner from a Roman amphitheater. I can't imagine him trying to decide which bumper sticker best summarizes his witness. But I can imagine him gently reminding a stranger to church and inviting them to have dinner with him afterward. After thinking about the witness of others, we are ready to examine our own.

Lloyd Deming

Deming

Lloyd Vane Deming, 92, Granite City, died at 12:36 p.m. Monday, Oct. 10, 1983, at St. Elizabeth Medical Center. He had been ill for one week and hospitalized for the same length of time.

Born Feb. 5, 1896, in Rhode Island, he also resided in Brooklyn, N.Y., and lived in Granite City for 20 years. Mr. Deming retired in 1961 from the Travelers Insurance Co., where he worked for 40 years as an auditor. He was a member of City Temple Church.

Preceding him in death was his wife, the former Hertha Groh, in 1979.

Survivors include one daughter, Mrs. Robert (Dottie) Little, Granite City, four grandchildren, seven great-grandchildren and one great-great-grandchild.

Visitation will be held at Thomas Memorial Mortuary, 2205 Pontoon Road, from 5 to 9 p.m. today (Wednesday). Funeral services will be conducted at Thomas Chapel at 10 a.m. Thursday, with Gary Thomas officiating. Burial will be at Sunset Hill Cemetery, Edwardsville. The family has suggested memorial contributions to the City Temple Church, Granite City.

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MEN OF THE COURT: These Granite City High School guys complete this year's homecoming court. From left to right are Scott Swanson, Richard Harmon, Wayne Waldman, Kory Burton, Brian Bjorkman, Scott Stone and James Hawkins.

Reading program by Niedringhaus pupils

In the Granite City Public Library "Devour a Book" program, 26 pupils from Niedringhaus Elementary School took part.

Participants were Breann Chastain, Frances Christiansen, Ted Christiansen, Andy Cline, Mike Cline, Laura Davis, Maria Hall, Erik Kambarian, Melanie Loehr, Mike Loehr.

Jennifer Merz, Cara Nighobosian, Jason Peters, Jeff Rains, David Reynolds, Jamie Reynolds, Beth Seibold, Dustin Sendek, Erin Signall, Jane Signall, Sarah Signall, Megan Suess, Nick Thomas, Erica Tindall, Jamie Towery and Emily Vaughn.

In the reading program, 243 local students "devoured" 3,793 books.

Business seminar for entrepreneurs scheduled Oct. 22

The U.S. Small Business Administration, in conjunction with the Small Business Development Center of Southern Illinois University at Edwardsville, will sponsor a Young Entrepreneur Seminar from 8:30 a.m. to 3:30 p.m. Saturday, Oct. 22.

The seminar, one of several across the country to be conducted that day, including 15 in Illinois, will introduce young would-be businessmen to the process, issues and factors to

be considered in developing and operating a small business.

Cost of the STUE seminar, to be conducted in the Illinois Room of the University Center, is \$15, including lunch.

According to James N. Thomson, an SBA representative for Illinois and five other states, the seminar will feature discussions with local business owners, lending institution representatives, faculty members and representatives of the legal profession.



LADIES IN WAITING: These Granite City High School girls represent half of this year's homecoming court. From left to right are Julie Hellrich, Lisbeth Lyons, Amy Aud, Julie Donley, Cynthia Coakley, Elizabeth Adams and Julie Cox.

Madison seeks asbestos deferral

By Nicole Vaughn
Staff writer

MADISON—With an Oct. 12 deadline nearing, the District 12 school board is seeking an extension on its asbestos management plan with the Illinois Department of Public Health.

The measure was suggested by the contractor, Larron Labs, which has similarly advised other clients. Of 100 asbestos programs submitted to the state, only one has been accepted, Madison Superintendent Dan Kostencki said.

"We have been promised a

management plan by May 9, 1989, but we've been assured that one will come much sooner," Kostencki told the board recently.

Asbestos once was used extensively in construction of buildings. It later was identified as a health hazard and has been removed from many schools.

The board also recently voted to join a 31-member self-insurance pool through the Illinois Association of School Boards for property and casualty insurance.

Last year, the district paid \$42,165 for coverage with a private carrier. Through the insur-

ance pool, this year's insurance cost will be \$25,217.

The new coverage will be on a three-year policy. Other nearby members of the pool include the Collinsville and Bethalto school districts.

On another board vote, Harold Briggs Jr. was named the assistant soccer coach and Johnna Wells was hired as assistant volleyball coach.

Briggs, currently head coach of the Madison High School girls track team, had previously resigned as head soccer coach to provide time to continue his education.

Glik's

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Men's Shoes

Reebok		NIKE	
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Fitness Walker™	Regularly \$50.99 Sale \$42	Court Force Lo™	Regularly \$38.99 Sale \$34
Breakway Hi Top™	Regularly \$58.50 Sale \$55	Sky Force Hi™	Regularly \$45.99 Sale \$40
Club Champion™	Regularly \$44.99 Sale \$40	Sky Force Lo™	Regularly \$42.99 Sale \$38

Children's Shoes

Reebok		NIKE	
BB 4600 Hi Tops™	Regularly \$39.99 Sale \$35	Sky Force Hi Tops™	Regularly \$35.99 Sale \$31
Club Classic™	Regularly \$32.99 Sale \$28	Sky Force Lo™	Regularly \$32.99 Sale \$28
L.A. GEAR			
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Metro East could be key to Bush-Dukakis results

By Edward T. Hearn
P-RJ Washington bureau

WASHINGTON — Vice President George Bush and Gov. Michael Dukakis enter the final month of the presidential campaign locked in a race too close to call in Illinois, according to recent polls.

Officials in both camps say the Democratic turnout in the Metro East area could determine the state's winner on election day.

"In St. Clair County, we feel we need to come up with 40 to 45 percent of the vote," said Ed Murnane, chairman of Illinois Bush-Quayle.

With 24 electoral votes, Illinois

looms as a crucial prize in the hunt for the 270 electoral votes needed to win the presidency. Polls showing a dead heat will inspire both Bush and Dukakis to spend more time and energy in the state as Nov. 3 approaches, campaign officials said.

"We know that the election is going to be very, very close," said Judy Erwin, communications director of the Illinois Dukakis-Bentsen campaign. "I have personally placed a bet that we would win by 10,000 votes. I certainly hope we win by a bigger margin."

Dukakis, the Massachusetts governor, is trying to become the first Democratic presidential

candidate to win Illinois since Lyndon Johnson trounced GOP candidate Barry Goldwater with 59.9 percent of the state vote 24 years ago.

Bush is running hard, citing the Reagan Administration record of the last eight years in an attempt to become the first incumbent vice president to be elected president since Martin Van Buren in 1836.

Erwin said a survey by Democratic pollster Peter Hart showed Dukakis holding a narrow lead as recently as two weeks ago, but she added that a Gallup poll the following week showed Bush in the lead, but only by a small margin.

"All of which points to the fact that it's going to be a dead heat," Erwin said, recalling the 1960 nail-biter in which John Kennedy squeaked out a victory over Richard Nixon by about 8,500 votes amid charges of ballot stuffing in Cook County.

"It's been close all along," Murnane said. "We have closed the gap considerably from where it was earlier in the summer when Gov. Dukakis held a wide spread lead." He said Bush has gained by 10 to 15 points.

Education questions to be answered

During National Higher Education Week, Oct. 9-15, the Council for Advancement and Support of Education (CASE) is sponsoring two toll-free hot lines for students, parents, teachers and others.

Hot-line callers will receive

answers to questions regarding college admissions and financial aid. The hotline numbers are 800-255-5463 for admission questions and 800-422-8728 for financial aid questions.

Hours of operation are 8 a.m. to 8 p.m. Tuesday, Wednesday

and Thursday, Oct. 11-13.

Admissions and financial aid experts from colleges and universities nationwide and representatives of higher education associations will staff the telephone lines.

Aging topic of SIUE's Gerontology Colloquia

The public is invited to attend sessions of the Gerontology Colloquia Series being offered this fall at Southern Illinois University at Edwardsville. The series is sponsored by the Gerontology Program at the university.

At each session of the colloquia, a distinguished professional will discuss the study of aging and the aged from the perspective of his/her scholarly discipline and personal experiences.

The sessions, scheduled Wednesdays from 6 to 9 p.m. in the International Room in the University Center, include the following presentations:

Oct. 12, Joan Hashimi, professor of social work at the University of Missouri-St. Louis, "Social Work Perspective on the

Aged."

Oct. 19, Joyce Aschenbrenner, professor and chairman of the anthropology department at SIUE, "Anthropology and Aging."

Oct. 26, Dr. Michael Frederick, assistant director of the SIU Belleville Family Practice Residency, Hospice of Southern Illinois, and the Calvin D. Johnson Nursing Home in Belleville, "A Physician's Perspective on Medical Care for the Aged."

Nov. 2, Paul Sultan, professor of management and economics at SIUE, "An Economist's Perspective on the Aged."

Nov. 9, John Gilbert, legal counsel in the Office of the General Counsel at SIUE, "An Attorney's Perspective of Legal

Issues Facing Older Persons."

Nov. 16, Doris Bell, professor of nursing at SIUE, "Mental Health of Older Persons."

Nov. 30, Dr. Neville Gilmore, professor and chairman of the department of community dentistry and human behavior at SIUE, "A Dentist's Perspective on Aging."

Dec. 7 and Dec. 14, Gerontology Program students at SIUE, "Multi-disciplinary Perspectives on Aging."

Admission for the programs is free. Additional information on the colloquia may be obtained by contacting the SIUE Gerontology Program at 692-3454.

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Health care

Shedding pounds for good

By James Early, M.D.

Dr. Early is a specialist in internal medicine and a member of the Illinois State Medical Society. He also is a clinical instructor at the University of Illinois in Peoria and president of Health Systems of Central Illinois, a preventive health organization. He serves on the staffs of Methodist Medical Center and Proctor Community Hospital in Peoria.

William "Refrigerator" Perry's weight travails have become a familiar pre-season refrain for Chicago Bears football fans.

But this year the fridge entered a supervised eating disorders program to help him shed those unhealthy pounds. I hope he is learning as much as he is dieting. As with any of us, that will be the key to long lasting success.

The fridge isn't alone in his efforts to lose weight. Dieting is one of our country's most popular times; yet we are still a nation of overweight people. Why?

The answer is that we need to change our approach to losing weight. We need to re-educate ourselves about food, exercise and nutrition, and focus more on long-term management of our lifestyles.

In a good, healthy diet program, the best thing about losing pounds is that it gives the dieter confidence and encouragement to go on to become a better student of the healthy eating, exercise and lifestyle habits that will bring long-term success.

That may sound strange to experienced dieters. Hasn't losing weight always been the goal of our weight control efforts? Strange as it may sound, dropping pounds in itself probably will not bring the long-term results we all are looking for. Instead, lost pounds usually find their way back again and again unless we have armored ourselves with new lifestyles.

The key to success is to focus on learning new behaviors. If we have difficulty maintaining a healthy weight, we need to make nutrition and exercise an avocation.

Learning what is good for our bodies takes time and concentration — every day. But we don't want it to become an obsession — that can be self-defeating.

A successful program will give us the knowledge, understanding and confidence we need to manage

In a good, healthy diet program, the best thing about losing pounds is that it gives the confidence and encouragement to go on to become a better student of the healthy eating, exercise and lifestyle habits that will bring long-term success.

age ourselves in a day to day lifestyle that will allow us to maintain the weight we choose.

A supervised weight loss program is proving to be your best bet for success. Only in such a setting will you have the resources for re-educating yourself and support for searching out new patterns for living.

Ask your doctor to recommend one. Many hospitals have excellent programs. A good program will offer a free orientation session; attend and see if the program philosophy and approach meshes with your personality and goals.

Beware of programs that sound too good to be true. They probably are. The promises we see advertised on the back of tablets are ones that cannot be delivered. Getting in shape is a long-term project and it takes time and experience.

There are certain elements all good programs should have. Look for:

•A long-term approach. A program should focus on teaching skills and habits that you can continue to use for the rest of your life.

•Individualized attention. The best programs offer group education and then individualize that education through one-on-one sessions. The dietary counselor or behaviorist can help you.

The counselor can help you confront the habits defeating you, and help you find reasonable, "do-able" new habits. He or she should be able to help you pinpoint minor changes (like switching from sugar in your coffee to saccharin) and major changes (like switching from fried foods to baked or broiled entrees) that will set you on the road to success.

He or she also can adjust the program to fit your current needs — and help you to balance your metabolic checkbook with physical activity and decreased dietary fat.

•Complete education. If healthy eating is difficult for us, we need to attain almost a nutritionist's level of understanding of food values. Then we can make educated decisions about what we eat, taking into consideration how it fits into our total nutritional picture.

•Physical activity. Being active is as important as changing what we eat if we want to shape up. The program should help you find a "do-able" exercise regimen, one that you can incorporate into your schedule and keep up. For one person, that may be walking two miles a day; for someone else it might be running 20 miles a week.

By increasing your physical activity and maintaining that activity, you will make a major dent in the calorie changes it will take to keep you slimmer and more healthy.

No matter what program you choose, keep in mind that the goal is to develop a healthier lifestyle for good. And don't be surprised if you finally lose those pounds in the process.

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Diet skin patches explained

By Neil F. Hartigan
Illinois attorney general

There are several over-the-counter skin patches on the market that claim to help persons lose weight safely, easily and effectively.

The Food and Drug Administration has not approved or endorsed any of these preparations. According to FDA, no evidence as yet been presented that any such diet skin patch is safe

and effective.

Last June, the FDA seized millions of dollars worth of non-approved diet patches that were being illegally marketed by one distributor. FDA points out that these diet patches mimic approved prescription "transdermal patches" that administer certain drugs through the skin for medical conditions, such as heart disease and motion sickness.

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Having a Baby Is Just the Beginning



More than a million American teenage girls become pregnant each year. This problem is having a profound effect not only on the futures of these young girls—but on their babies' futures as well. One consequence of these young pregnancies is serious health problems among the infants born to these teenagers. If you or someone you know has been touched by this problem, remember that United Way is there to help. United Way-supported services offer programs in health care, family-life education, self-sufficiency training, family counseling, and much more.



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THIS SPACIOUS KITCHEN SUITE, an expanded multipurpose kitchen, captures the flavor of Santa Fe, N.M. The kitchen suite has a cooking area, a lounging area and a dining area in an alcove.

Show the way to Santa Fe with multipurpose kitchen

Santa Fe, N.M., is a city of enchantment. Go there and you are likely to become captivated by its rich native American and Spanish heritage, its distinctive adobe architecture and the way homes are set against the serenely beautiful desert landscape. It is no wonder some visitors choose to relocate there.

While that is not an option for most people, it is possible, even for those who have never visited the city, to bring some of its beauty home.

Through an extensive remodeling project, interior designers at Armstrong, a floor coverings and home furnishings company, have shown how. They took a small kitchen, dining room and den, knocked out a few walls and created a spacious kitchen "suite" (an expanded multipurpose kitchen) whose decor evokes the flavor of the Southwest. The kitchen suite has a

cooking area, a lounging area and a dining area in an alcove.

To unify this large area, the designers used the same colors and materials throughout. For example, all the walls have brushed-on "stucco" (it comes in a can) painted bone white. The dining alcove is painted Desert Glow, the color of a sunset.

Bleached wood-grain planks add interest to the ceiling. Available at building supply stores and home centers, the planks, manufactured from wood fibers, are inexpensive and easy to install. Also adding architectural interest overhead are wooden ceiling beams made by nailing together one-by-sixes. The beams are purely decorative, not structural.

Another unifying material is the Designer Solarian II no-wax flooring used throughout the entire space. It is white like the walls but features subtle Twi-

light Blue accents in a geometric design. The practicality of no-wax flooring makes it an ideal choice for an expanded kitchen.

The focal point of the suite is a free-form hearth dividing the kitchen from the sitting area. Craftsmen fashioned the hearth by covering a standard fire box and flue with wire mesh which they then coated with a heavy layer of real stucco.

Overall the suite has a light, open, airy quality. The only dark surfaces are the black smoked-glass fronts of the kitchen appliances and the slate slabs that serve as counter tops.

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Packed soil needs to 'breathe'

Mechanical aeration provides an excellent, and probably the only, means of correcting or alleviating soil compaction, which can be quite serious for lawns, says John Whelan, University of Missouri Extension horticulture specialist.

Compaction occurs primarily in the lawn surface area. A compacted layer as thin as one-quarter to one-half inch thick can greatly reduce water infiltration, fertilizer penetration and gaseous exchange between the soil and the atmosphere, Whelan

said. Compaction of this type can be alleviated by using aeration equipment, he adds.

Aerating machines remove plugs of soil from the lawn, creating an artificial system of pores by which moisture, gases and plant nutrients can be taken into the soil.

Spring and early fall are the best times to aerate. Summer aeration of cool-season grasses, such as bluegrass, fescue and ryegrass, generally is not recommended because these grasses are in a semidormant condition.

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Travel

Less definitely best when cruise packing

By Deborah Reinhardt
Staff affiliate

You have seen those bumper stickers that say "I'd rather be (fill in your favorite activity)." Ever notice that packing never is a favorite activity?

So much for my Andy Rooney impersonation. But seriously sojourners, we know that packing for a vacation is a tedious chore most of us postpone until minutes before our plane or train departs.

I suspect we procrastinate in this way because we know we will have to unpack and repack almost every day as we hop from hotel to hotel.

But cruisers do not worry about this. On a cruise, you unpack just once. But packing for the trip is a tricky, so here are a couple of ideas.

•Know your ports. Some cruises will visit different climates, so you may have to pack for several conditions. To prepare, check with a travel agent or get a good, all-purpose travel book, like the "Pan-Am World Guide," which includes average temperatures and rainfall for each month.

•Some cruises are more casual than others. The Caribbean, popular year-round, is less formal than a trans-Atlantic crossing, which traditionally attracts the high society crowd. Some cruise lines and ships also dictate particular protocol when it comes to dress.

Formal cruise lines include Seabourn (the new line whose ship premieres in December), Royal Viking Line, Royal Cruise Line and Princess Cruises. This means dinner dress is tuxedos

for men, long gowns or cocktail dresses for women. This also means that a traditionally older crowd goes aboard.

Carnival, Royal Caribbean and Premier cruise lines are less formal, so evening dress are suits or sportcoats for men; dresses, skirts or good slacks for women. These lines also are popular with young people.

Some lines, like Cunard, have ships with different "personalities." The line's Queen Elizabeth II always has been elegant, while the Princess and Countess attract passengers who are less concerned with what to wear to dinner.

Whatever line, there undoubtedly will be at least one gala evening—the captain's welcome aboard dinner, usually the second night at sea. Sometimes, the farewell dinner also is lavish, so folks usually like to dress up.

•Be a clever packer. Only incredibly vain people wear a different outfit every day in port or every evening for dinner. So bring clothes you can mix and match. And the ship will have laundry service so a shirt, blouse or dress can be washed and pressed.

You probably will have limited room in which to store luggage. Use this as a rule: if the bag will not fit under a twin bed, don't bring it on the cruise. Remember, the majority of these cabins are approximately the size of a small bedroom.

•Make a list of things to pack and then check the items off after they're in the suitcase. You may want to check with the line to see if toiletries (shampoo, conditioner, lotion, shaving cream) are provided. If not,

bring sample-size bottles. And look in the cruise brochure to see if electrical converters are needed for hair dryers and other traveling appliances. Some ships with foreign registry have the European 220-volt outlets. Do not rely on the ship's purser to have a converter.

•Even in friendly foreign ports where handling thousands of tourists each day is mere routine, (like the Caribbean or Bahamas) you should carry proof of U.S. citizenship. If you have a passport, swell. If not, a voter's registration card or copy of a birth certificate will do.

•It always makes sense to get travelers checks for vacation. If you are an individual who believes cashing the checks is a strain, know that the purser is only too happy to cash your checks on the ship. That way, you have some cash to take into port. Most cities will accept checks.

•There are some travelers who feel naked unless they have a camera over their shoulder and a travel guide tucked under their arm. Don't go overboard. Usually, the cruise director will give lectures about each port: where to shop, eat and sights to see. Popular cruise stops, like Bermuda and the Virgin Islands, usually have free brochures inside the cruise terminal.

When packing for your cruise, try to remember that less is best.

Readers with questions or comments can write to: Deborah Reinhardt, travel editor, St. Louis News Service, 1215 Fern Ridge Parkway, suite 108, St. Louis, Mo. 63141.

New Crown Odyssey gives voyageurs's roya treatment

By Jeannie Block
Staff affiliate

The cruise line to first bring male hosts on board to dance with unescorted women passengers and to include American Heart Association-recommended dishes to its menu has come up with another impressive introduction.

More than 900 Americans converged on London early last month to be the first to cross the Atlantic on Royal Cruise Line's new Crown Odyssey. They jetted to London on British Airways 747s, which regularly fly Royal's passengers there from 17 convenient U.S. cities for summer cruises to Scandinavia and Russia. This was a special cruise package, two days in London and an eight-day crossing to New York.

The \$178-million ship would have drawn raves from the likes of the Vanderbilts who sailed across the Atlantic in the lap of luxury on venerated liners of yore. Crown Odyssey is state-of-the-art and designed to emulate the posh standards expected by the old cream of high society.

Striking interiors combine art deco and contemporary touches, with marble and lovely muted colors. There is a wealth of fine art gracing cabins and public areas.

At 44,000 gross tons and 10 decks, Crown Odyssey is spacious. It accommodates only 1,050 passengers in 18 cabin categories. The best cabins are outstanding and more in keeping

with a high-class hotel rather than a ship. There is no television in cabins but top-rated films are shown daily in a two-deck high, large-screen theater.

The crowd on board was typical of Royal's passengers: older but active. They saw celebrity shows in the showcase Odyssey Show Lounge, danced in the popular Yacht Club, sat with friends in the elegant Monte Carlo Court and piano bar, and gamed at blackjack and roulette tables and slot machines in the adjacent casino.

A professional therapist led them in exercises, and they used the pool, whirlpool and exercise room in a bright indoor spa reminiscent of an old Roman bath. There were enrichment lectures and dance classes, among many other activities. Card players enjoyed their own quiet haven on Lido Deck.

The ship's most dramatic touch is its top-deck lounge, "Top of the Crown." Its all-glass wall offers an exciting 360-degree panoramic view. Many went to the lounge to read or relax with a pre-dinner drink. At midnight the quiet mood changed to disco.

Crown Odyssey in 1989 will be sailing various itineraries, transatlantic, South America, Hawaii, South Pacific, trans-Atlantic, the Mediterranean and northern Europe. Average daily double-occupancy rates range between less than \$200 to about \$500. Those who wish more information may call their travel agent or Royal Cruise Line, One Maritime Plaza, San Francisco, Calif. 94111.

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The 128-page guide has a new section on Missouri's summer fairs, including the Missouri State Fair. Information on lakes, campgrounds, caves, historic sites and rivers also is

included. Other leisure activities such as golf, festivals and wineries are highlighted.

For a copy of the travel guide, write: Missouri Division of Tourism, Dept. NR8, P.O. Box 1055, Jefferson City, Mo. 65102.

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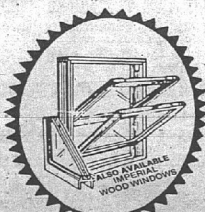
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Mexican Riviera excites sunrise to sunset daily

By Mike Elder
Staff affiliate

Ah, the sunsets of the Mexican Riviera. The sight of that orange ball sinking into the Pacific Ocean turns any old goat into a raving Ricardo Montalban.

From the deck of Carnival Cruise Lines' *Tropicale*, and especially from a small diner in Puerto Vallarta, the end of the day is a real spectacle.

Of course, sunsets can happen only once a day, but they are not the only things worth seeing on *Tropicale's* Mexican Riviera itinerary, which includes calls at Mazatlan and Cabo San Lucas as well as Puerto Vallarta.

Puerto Vallarta, divided into northern and southern districts by the Rio Cuale River, has cobblestone streets that wind through town. Restaurants and houses hold red-tile roofs to the blue sky.

You do not have to take a tour to see everything the town offers. The best way to get around is for four or five people to pool their funds and rent a car.

Some of the must-sees include the Zocalo (Main Square) and the nearby Shrine of Guadalupe, built about 30 years ago. South of town is Mismaloya, the beach that served as the setting for "Night of the Iguana," the classic 1964 movie starring Richard Burton and Elizabeth Taylor.

Shopping and eating are the favorite activities of tourists. Riding horses along rocky beaches also is favored. Years ago, according to a local taxi driver, dinner was the highlight of the evening in Puerto Vallarta. But now, the nightlife bops to the beat of several discos, such as the City Dump, Capriccio and Ciro's. For a less flashy watering hole, try doing Margaritas at the Oceano Bar.

Just up the coast and a night's float from Puerto Vallarta is Mazatlan.

Like Puerto Vallarta, Mazatlan, which means "Place of the

Deer," is a fishing town, albeit on a larger scale. The town of about 750,000 is a deep-sea fishing mecca.

Although *Tropicale's* nine-hour stay does not allow much time for knocking off sailfish or marlin, travelers can knock off quite a few shrimp in a local restaurant.

Mazatlan's sights are, essentially, its beaches. And they are spectacular, stretching out along the Malecon and continuing north in a dazzling white arc.

For those who can stay a few days, Mazatlan offers some scintillating water sports, including scuba diving, snorkeling and para-sailing.

Despite what the salesmen in Puerto Vallarta will tell you—"last chance to buy jewelry like this, lady," the shopping in Mazatlan is much the same as in Puerto Vallarta. Items like silver jewelry, chess sets, rugs and all sorts of knickknacks are very good bargains.

What Cabo San Lucas, the last stop on the *Tropicale's* cruise, lacks in night spots and shopping areas, it certainly makes up for in beaches and tranquility. Unlike the trip's first two ports of call, Cabo San Lucas is a place where you can envision living.

The water along the very clean white beaches in Cabo San Lucas is crystal clear.

The biggest lure of the Cape, located at the southern tip of the Baja Peninsula, is sport fishing. The world record marlin, a 191-pounder, was caught there. Other game fish include dolphin, sailfish, wahoo and rooster fish.

The Cabo offers a variety of activities, including snorkeling, picnicking, canoeing and boat excursions.

Many travelers also take a stroll along the fabulous Playa del Amor, the Beach of Love. It is a perfect way to end a cruise.

Mike Elder was a guest of Carnival Cruise Lines in April.

Sun not the only fun offered by Carnival

It is easy to see why Carnival Cruise Lines is dubbed "the Fun Ships." Certainly, the people in charge know what it takes to allow people to have fun.

From the ship's beer-drinking contest to the male nightgown competition, the cruise this writer took to the Mexican Riviera on Carnival's *Tropicale* was ... well, fun.

The best thing the crew did to ensure my enjoyment was to leave me alone. For a guy who happened to be on his honeymoon, that was just what I wanted.

And if I don't miss my guess, that is what a lot of people are looking for on a cruise. The only activity that everyone was required to take part in was a safety drill held at the beginning of the cruise. Other than that, passengers were free to do as much or as little as they liked.

Don't get the wrong idea, though. There was plenty to do for those who wanted to do. There were limbo contests, dance classes, bingo games, fashion shows and just about anything else one could think of.

For my part, I was content just lounging by one of the three pools on board and, about every other hour, heading down to gorge myself on some of the

ship's delicacies.

Carnival's hassle-free approach seems to be popular with its guests.

"That's what a lot of people tell us they like most about our cruises," said Bob Goss, cruise director of the *Tropicale*.

Carnival Cruise Lines, unlike other cruise companies, has done away with class distinctions and pretensions of formality. The line has replaced all that with lots of "fun" things.

The approach has been very successful. Carnival has grown into the largest cruise line in the world since the mid-1970s when Ted Arison, chairman of the board, bought the company. In fact, in the fourth quarter of 1987, the line netted \$34.5 million. The company posted \$152.8 million in net income that year.

Carnival currently operates seven ships, the *Mardi Gras*, *Tropicale*, *Carnivale*, *Festivale*, *Holiday*, *Celebration* and *Jubilee*. It will add three more ships to its fleet next year.

The line sails from Fort Lauderdale, Fla.; Miami; Los Angeles; and San Juan, Puerto Rico. It calls at ports in the Bahamas, the Caribbean and the Mexican Riviera.

Mike Elder

Enjoy Disney World more with advanced planning

Here are some tips for enjoying Walt Disney World.

•Don't visit during peak attendance months. January, May and all of fall are the least-crowded times. Sunday, Thursday and Friday are the lower-attendance days; Saturday is moderately busy.

•When visiting Epcot Center, head for World Showcase first thing in the morning, then see Future World later in the afternoon. In the Magic Kingdom, head for Fantasyland or Frontierland (in the back of the park) first thing in the morning, then later in the day return to Main Street, Tomorrowland and Adventureland. Most guests see the parks in the reverse order.

•When you encounter a long

line, find a host or hostess and ask how long the wait will be. He or she can tell you if you should return to that attraction later in the day.

•Obtain guidebooks in advance and let each family member choose the most important sights to see. Then you can plan your day accordingly and eliminate squabbles at the park about where to go next.

•If you do visit during busy, hot summer months, get to the park early. Gates open at 8:30 a.m. Take a break during the hot afternoon hours. Get your hand stamped or keep your ticket and you can return later in the evening for nighttime parades or fireworks.

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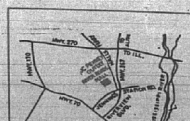
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Steaming simple cooking method intensifies colors

Steaming is one of the oldest forms of cooking. Inventive cooks have shown again and again that practically any kind of food can be steamed successfully.

It is a cooking method the American Institute for Cancer Research recommends for the many nutritional advantages it can bring to cooking. It offers other benefits as well. For example:

- It's simple. Anyone who can boil water is halfway there.
- It's nutritious. Foods cooked with steam retain nearly all their vitamins and minerals.
- It's low in fat. Steam cooking requires no added fat.

It's prettier. Fruits and vegetables hold their color during the steaming process. Some even brighten with steam cooking.

It's easy to clean up. There are never any pots to soak or caked and burned foods to scrub.

There is a variety of cooking equipment available for steaming, from multi-rack aluminum or bamboo steamers, to the common, small, foldable metal steamer. Even a metal colander set in a large pan works well. Whatever is used, just make sure that the pot has a tight-fitting lid and that the food is held out of the cooking water.

The key to successful steam cooking is not to overcook foods. Vegetables should be crisp, not limp, and fish and poultry moist, not dry. Periodic probing with a fork, or slicing into meats is the best test.

Steamed Sole with Orange-Soy dressing is both nutritious and quick to prepare. The vegetables can be prepared and the fish rolled ahead of time to make last-minute preparation time even shorter.

Stay at home to savor flavor of exotic food

"Exotic" is an adjective culinary experts often use in appraising foods from the Middle East. The evaluation of health experts probably would be "nutritious."

While Middle Eastern foods, like those of any region, hold some dietary pitfalls, the cuisine of nations on the Eastern shores of the Mediterranean, for the most part, is based on foods that provide sound nutrition.

Many of the menu ideas of this area fit well into the Dietary Guidelines to Lower Cancer Risk recommended by the American Institute for Cancer Research. This is a region, for example, where legumes are widely used. Bulgur (cracked wheat) often is used when Americans might use rice. It offers a nutritional advantage, however, because it is higher in fiber. Hummus is a tasty chick-pea mixture of the region, often served on whole-grain pita bread, but usually high in fat content.

Melons and other fruits are popular desserts. Citrus fruit juices, particularly lime, impart flavoring, as well as vitamin C, to meat and vegetable dishes. Seasoned mixtures of meat, fruits, nuts and rice are served stuffed in Mediterranean vegetables, such as squash, eggplant and tomato, or wrapped in grape leaves.

Low-fat cooking methods of steaming and grilling, such as well known shish kabob, are common in this region. Aromatic blends of herbs and spices, including coriander, saffron, ginger, thyme, bay, cinnamon and tamarind, give Middle Eastern dishes distinctive tastes.

A slightly different twist on a main dish chicken salad, the following recipe borrows techniques borrowed from Middle Eastern cooking, including the use of bulgur and citrus fruit juices.

Steamed sole with orange-soy dressing

- 3 or 4 small carrots, cut in 2½-by-¼ inch sticks
- ½ lb. snow peas
- Dash white pepper
- 1 lb. fresh sole (flounder) fillets
- 8 thin slices plus 1 tsp. minced fresh ginger
- 4 scallions, cut in half crosswise
- 1 tsp. peanut or other oil
- Zest of 1 orange, cut in fine shreds
- 1 tsp. minced garlic
- 2½ tbsp. soy sauce

Place steam basket in pan with one inch water. Place carrots in steam basket with snow peas. Sprinkle with pepper.

Starting at narrow tail end, roll up each fillet half loosely and arrange on top of vegetables. Place ginger slices and scallions on top of fish. Cover. Steam 3 minutes, until fish is just opaque throughout.

Make sauce by warming oil in small skillet over medium heat. Add orange zest, cooking until it begins to curl, about 30 seconds more. Add garlic and minced ginger. Cook another 30 to 60 seconds.

Add soy sauce and 3 table spoons water. Bring just to boil, then remove from heat.

Pour sauce over fish and vegetables to serve.

Makes 4 servings, 153 calories and 2 gm. fat each.

Registered dietitian Karen Collins reviews this material for the American Institute for Cancer Research, Washington, D.C.

Middle Eastern chicken salad

- 2 chicken breasts, skinned
- 1 cup bulgur
- 2 small cucumbers, chopped
- 2 medium tomatoes, chopped
- 3 medium carrots, chopped
- ¾ cup chopped fresh parsley or 2 tsp. dried parsley
- 2½ tbsp. oil
- 3 tbsp. lemon juice
- 4½ tsp. orange juice
- 4 tsp. prepared mustard
- 2 tsp. sugar

Place chicken breast in large saucepan or Dutch oven with two inches water. Bring to boil. Reduce heat. Simmer 25 minutes or until chicken is tender.

Cool chicken until it can be handled. Remove meat from bones. Cut meat in bite-size chunks.

Place bulgur in saucepan. Add 1½ cups water. Bring to boil. Reduce heat. Cover and simmer 15 to 18 minutes.

Mix together oil, lemon and orange juice, mustard and sugar in small bowl.

When chicken and bulgur are ready, place in large bowl. Add cucumbers, tomatoes, carrots and parsley. Pour on dressing. Toss well. Cover and refrigerate at least one hour to blend flavors.

Yields about 4 servings, 12 gm. fat and about 490 calories each. To add authentic Middle Eastern touch, top each portion with dollop of firm low-fat yogurt when serving.

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RALPH CHAPMAN KEEPS alive the tradition of his forebear, Johnny Appleseed. He shares his great-great-uncle's joy in spreading the seeds of not only apples, but also those of kindness, throughout the country.

Legend of Johnny Appleseed sprouts with Ralph Chapman

By Janice Denham
Food editor

Ralph Chapman's great-great-uncle proved in the late 1700s what medical science is just now pinning down: "An apple a day keeps the doctor away."

John Chapman, best known as Johnny Appleseed, traveled for miles in his lifetime, sharing the beginnings of orchards with rich and poor, then came back to tend not only the trees but urge on the germs of kindness, creativity and hope in an unsettled land.

Yes, the modern-day Chapman is renewing the spirit of this generosity in Michigan where he is principal of Windemere Elementary School in Lansing. The apple spirit was left to simmer for many years and the familial connections are slow to emerge.

"We found out about it a long time ago when my father was operating an apple orchard," Chapman said. "Of course, I was just a slip of a boy and I'm 60 now. About four years ago my RIF (Reading is Fundamental) leader asked for an apple promotion and story."

"I agreed to do something like that. We got some nice media coverage and the Michigan Apple Committee heard about it and became involved. I have had a lot of fun with it."

Now he gives presentations throughout Michigan at schools and in orchards, tells stories like John Chapman did at apple festivals and judges the best apple pies and other desserts that bakers can provide.

"I talk about how he planted apple seeds and talk about how the kids can plant the seeds of kindness," he said. "John Chapman was a rich man at times of his life, making his fortune with apples, but he always gave it all away."

He gave the seeds to new farmers in the region, along with this own ministry of caring for spiritual needs. If the person could pay, he would. Otherwise, Chapman gave away the seeds for free. He tried to return to the orchards he established to see how they, and their tenders, were doing.

"He planted literally thousands of trees, primarily around Ohio and Indiana, that covered

literally hundreds of acres of apple orchards. He gave away packets of seeds, as few as two of them at a time," said Chapman.

People need to know how apples grow, too, just like in the days when he walked with a pack on his back through the Ohio Valley east to Pennsylvania, and back north into the Great Lakes region.

"It's surprising how many kids don't know what an apple seed looks like. They just take it for granted. Sometimes I bring a bag of apple pulp and have a seed picking contest. It's timed for three minutes to see how many seeds they can pick out, like John Chapman did. Afterward, adults come up and want to touch it, too, to see what it feels like."

He and his wife are trying to document more of the legendary Chapman family history, but they are stumped at this point because they don't know his "triple-great-grandfather's" first name, although they have visited the graves of Chapmans in eastern Pennsylvania.

While he did not spend his life planting apple trees, Ralph Chapman vividly remembers his first encounters with the aroma of his mother's warm apple pies for her husband and eight children. His preference is to eat them "any way I can get them," including straight from the tree. He dearly loves being asked to judge apple-baking contests, too. He appreciates baked products that are crumbly with spicy flavors, and apple pie with a double crust.

The three apple trees on his property, that someone else planted, usually are abundant, but were hurt by the drought of this year and produced a total of about 10 apples. Orchards near him are down in production about one-third, with one-fourth being the average overall reduction throughout the state. Michigan usually produces half the nation's crop of jonahean apples.

One of last year's delicious

entries in a state contest was for Spicy Apple-Scotch Cookies, for which tart McIntosh apples are recommended.

Spicy apple-Scotch cookies

$\frac{3}{4}$ cup shortening
 $\frac{1}{2}$ cups packed brown sugar
1 tsp. baking soda
1 tsp. cinnamon
 $\frac{1}{4}$ tsp. nutmeg
1 cup peeled, grated apples
1 cup chopped walnuts
1 egg
2½ cups flour
 $\frac{1}{2}$ tsp. salt
 $\frac{1}{4}$ tsp. cloves
1 cup raisins
 $\frac{1}{4}$ cup apple juice

Cream shortening, sugar and egg in large bowl.

Sift together baking soda, flour, salt, cinnamon, cloves and nutmeg. Add to creamed mixture, stirring well.

Add apples, raisins, apple juice and walnuts. Mix thoroughly.

Drop by teaspoonful on greased cookie sheet about 2 inches apart. Bake at 350° for 12 minutes, or until lightly browned.

Remove from cookie sheet. Cool. Spread with icing.

Icing: Combine $\frac{1}{4}$ cup butter and $\frac{1}{2}$ cup brown sugar in non-stick saucepan. Cook over medium heat until sugar dissolves. Add $\frac{1}{2}$ cups confectioner's sugar and 3 tablespoons evaporated milk (more if too thick) after removing from heat. Beat until smooth.

Makes 3½ dozen cookies.

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Deli meats better with home-baked breads

Close your eyes. Imagine the tantalizing aroma of freshly baked breads. Those days are not forgotten. In fact, to relive a bit of the days gone by, many on-the-go cooks "get away from it all" by spending a weekend afternoon in the kitchen baking homemade breads for sandwiching today's great-tasting, versatile deli meats.

Yes, America loves deli-style sandwiches. According to a recent survey, "Sandwiches Across America," by the National Live Stock and Meat Board, more than one-third of the country serves up deli meat sandwiches two to three times a week. While there are many prepared breads for building tasty sandwiches available on the market, there are few pleasures quite as satisfying as baking them from scratch.

Not only are the results incomparably fresher than most purchased varieties, but they come from one of cooking's oldest and most creative rituals. Today, making sandwich-perfect bread is easier and faster than ever before. Quick-rising yeast saves up to 50 percent of the dough's rising time.

Here are some sandwich match-ups that are irresistible. •Enliven paper-thin slices of ham with fresh, juicy pineapple slices, a dab of mustard and fresh cilantro sprigs. Sandwich the entire trio between a halved wheat or oat bran roll.

•Layer corned beef atop thinly sliced savory or regular cabbage and the bottom half of an onion roll, then lavish with a light dollop of plain low-fat yogurt studded with chopped chives and with the remaining roll half.

•Wrap pastrami or ham slices around fresh, ripe pear, apple or melon wedges. Team these wrap-ups with thick slices of Cracked Pepper 'N Cheese Loaf or Honey Mustard Bread.

•Pep up a typical bacon, lettuce and tomato sandwich with slices of Cracked Pepper 'N Cheese Loaf and a colorful assortment of greens such as sorrel, spinach and radicchio.

cheddar cheese
2 tbs. sugar
1 tbs. butter or margarine, softened
1 tsp. salt
1 tsp. coarsely ground black pepper
4 to 4½ cups flour
1 egg at room temperature
1 egg white, lightly beaten
Coarsely ground black pepper, if desired

Combine yeast and warm water in large bowl. Stir to dissolve. Stir in cheese, sugar, butter, salt, pepper and 2 cups flour. Add egg and enough additional flour to make soft dough. On lightly floured surface, knead until smooth and elastic, about 4 minutes. Place in greased bowl. Turn to grease top. Cover. Let rise in warm, draft-free place until doubled in size, about 30 minutes.

Divide dough in half. Shape each half into loaf. Place in 2 greased 9-by-5 inch loaf pans. Cover. Let rise in warm, draft-free place until doubled in size, about 30 minutes.

Brush loaves with egg white. If desired, sprinkle cracked pepper along top of each loaf to make lengthwise strip. Bake at 375° for 30 minutes or until done. Remove from pans. Cool on wire rack.

Note: To save up to 50 percent rising time, use quick-rising yeast. Follow directions on package.

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Cracked pepper 'n cheese loaf

2 pkg. dry yeast (See Note)
1½ cups warm water (105° to 115°)
1½ cups (6 oz.) grated sharp white

Recipes

Grilled chicken with apple barbecue sauce

2 (2½ to 3 lb. each) chickens, cut in pieces
2 large apples, finely chopped, (about 2½ cups)
1 cup finely chopped onion
1 clove garlic, minced
2 tbs. oil
1 can (14½ to 16 oz.) tomato sauce
1 cup cider vinegar
2 tbs. brown sugar, packed
2 tbs. Worcestershire sauce
1 tsp. pepper

In large heavy saucepan, sauté apple, onion and garlic in oil over medium-high heat until soft, about 5 minutes.

Add tomato sauce, vinegar, brown sugar, Worcestershire and pepper. Reduce heat. Simmer, stirring occasionally, until slightly thickened, 25 to 40 minutes.

Makes about ¾ cups. Recipe can be halved. Sauce can be made ahead and refrigerated. Reheat before using.

Place chicken pieces on oiled grill 4 to 6 inches above medium-hot coals. Cook, turning occasionally, until thigh meat is no longer pink, about 20 minutes. Serve remaining sauce on side.

Serves about 8. Pork chops can be substituted for chicken.

Apricot cream coffee

3 cups cold milk
1½ cups cold apricot nectar
1 tsp. instant coffee
1 tsp. almond extract
1 qt. coffee ice cream, softened

Blend 1½ cups milk, apricot nectar, instant coffee, almond extract and 1 pint coffee ice cream in blender or with rotary beater. Combine with remaining milk.

Pour into glasses. Top with scoops of ice cream. Serve immediately. Yields 6½ cups.

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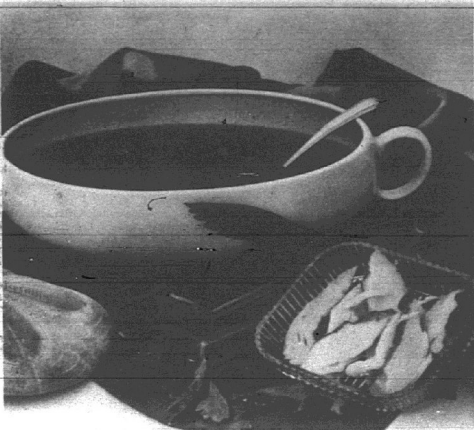
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WHITEFISH GOES incognito as shellfish in a tasty seafood chowder.

Lobster makes for rich dishes without breaking the bank

Anyone hanging around the fresh or frozen fish section of a supermarket lately has seen more and more varieties of shellfish substitutes, imitation crab, shrimp, scallops and lobsters that look just like the real thing.

Priced one-half to one-third less than their real counterparts, imitation shellfish are a nutritious and economical way to include low-fat, high-protein fish in a daily routine.

Look-alike shellfish are made from Pacific whitefish, mostly pollock that has been washed repeatedly to remove any color and odor. Then it is processed into products that have the taste, texture, shapes and natural colors of a variety of shellfish.

After steaming, shellfish substitutes are frozen and packaged for the market.

Imitation shellfish are nutritionally comparable to whitefish rather than shellfish. They provide a variety of essential minerals, yet are much lower in cholesterol than some real shellfish, such as shrimp and lobster.

Seafood can play an important role in helping meet guidelines of many national health groups because most seafood is significantly lower in dietary fat than red meat. However, salt that is added during processing of imitation seafood makes the sodium content much higher than unsalted fresh seafood.

Because imitation shellfish are fully cooked, simply thaw and serve them cold. When including them in a hot dish, add toward the end of the cooking time, so they only heat through because overcooking can toughen them.

The following basil-accented chowder goes well with whole grain bread or muffins, alongside a salad, for a nutritious and hearty meal. Prepare enough to

allow for an extra bowl for those who are hungry because they surely will ask for it.

Seafood chowder

- 1/2 cup chopped celery
- 1 cup chopped onion
- 2 tsp. basil
- 1/2 tsp. pepper
- 3 lb. tomatoes, peeled, seeded (fresh or canned), or 1 (29 oz.) can tomato puree
- 1 1/2 cups corn (fresh or frozen)
- 3 cups seafood or chicken (fresh or canned), or 1 (29 oz.) can great northern (white) beans, drained, rinsed
- 8 oz. crab or imitation crab, thawed

Place celery, onions, basil, pepper, tomatoes, corn, broth, beans and crab in large soup kettle. Bring to boil. Reduce heat. Simmer 5 minutes. Let stand to cool. Cover and refrigerate at least 2 hours to allow crab flavor to develop.

Reheat before serving. Yields 8 cups soup, about 145 calories and 1 to 2 gm. fat per cup.

The American Institute for Cancer Research has new ideas on ways to fit the taste temptations of various ethnic cuisines into a healthy lifestyle. They are set out in a booklet called "From Around the World," which presents sample menus and recipes. For a free copy of the booklet, send a self-addressed, business-size envelope, stamped with 45 cents, to: American Institute for Cancer Research, Department 1M1, Washington, D.C. 20069.

Registered dietitian Karen Collins reviews this material for the American Institute for Cancer Research, Washington, D.C.

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Recipes

Baked Brie muffin tart

- 6 English muffins, split, lightly toasted
- 1/2 cup raspberry preserves
- 1 lb. brie cheese, rind removed
- 1 pkg. (2 1/2 oz.) sliced almonds
- 2 tbsp. melted butter or margarine
- 1/2 cup brown sugar

Spread each toasted muffin half with one tablespoon raspberry preserves. Divide cheese evenly over muffin halves.

In medium bowl, combine almonds, butter and brown sugar. Sprinkle mixture evenly over muffin halves on baking sheet. Bake 5 to 8 minutes at 350° or

until cheese melts and sugar is bubbly. Makes 6 servings.

Macaroni mingle chicken salad

- 1 (7 oz.) pkg. elbow macaroni (2 cups), uncooked
- 2 (5 oz. each) cans chunk white chicken
- 1 cup chopped cucumber
- 1/2 cup sliced radishes
- 1 cup chopped green onion
- 1 cup mayonnaise
- 1/2 cup bottled Italian dressing
- 1 tsp. salt
- 1 tsp. pepper

Prepare macaroni according to package directions. Drain. In large bowl, toss macaroni with chicken, cucumber, radishes,

onion, mayonnaise, Italian dressing, salt and pepper. Chill 6 hours or more. Makes 8 cups.

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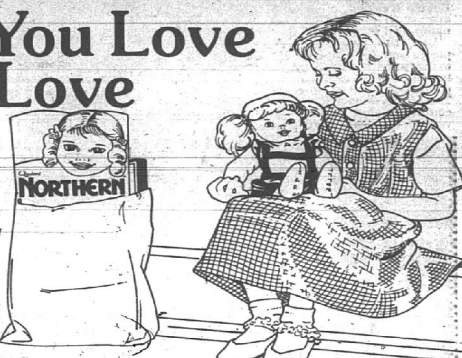
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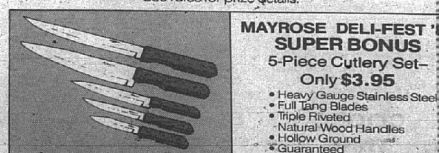


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2. Limit one entry per family, group or organization. Entries must be received by 11/15/88. NO PURCHASE NECESSARY.
3. Prize winners determined by a random drawing from among all entries entered by 11/15/88. Mayrose Deli-Fest '88 Sweepstakes, Inc., an independent judging organization, will decide all prize winners. Odds of winning depend on number of entries received.
4. Prize consists of 200 dinners for two at Schneithorst's Hofamberg Inn Restaurant to be held on a predetermined date. Door prizes awarded at this dinner consist of one Grand Prize Trip for two to Germany which includes round trip air transportation from the major airport nearest your home, 5 night accommodations and \$500.00 spending money. Receipts and/or bills are the responsibility of the winner. A minor must be accompanied by a parent or guardian. An alternate Grand Prize of \$5,000.00 will be offered to the winner. Additional door prizes consist of 25 lbs. of Mayrose Deli-Fest '88 Sweepstakes.
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6. Winners will be notified by mail on or about 11/20/88 and may be required to sign and return an affidavit of eligibility and a statement of release within 15 days of notification. In the event of non-compliance within this time period, an alternate winner will be selected. A list of winners is available by request. A stamped, self-addressed envelope to Mayrose Deli-Fest '88 Sweepstakes, P.O. Box 424, Schuette, MI 48266. Requests must be received by 11/15/88. Do not include winners list received with entry. No responsibility assumed to lost, misdirected or late mail.
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Beef does budget gymnastics while stretching serving style

Eating in a healthy style while trimming fat from a food budget, is a good resolution to make any time of year.

A good way to stretch a meat budget is to buy a large, economical piece, such as a full cut round steak, and cut it in three meal-size portions. When cut, a one-inch thick round steak weighing about 3 pounds yields meat for three distinct meals.

Divide the top round, bottom round and eye muscles by cutting along the natural seams. If present, cut the bone free from the steak, including the small meat portions of top and bottom round muscle attached to the bone. Discard the bone and add the meat portions to the bottom round portion.

If the meat will not be used within the next four days, wrap and seal each portion tightly in moisture/vaporproof material. Before freezing, label each package with the date, meat cut name and portion size.

Use the bottom round plus pieces cut from around the bone to prepare a family meal serving four of Spicy Beef and Eggplant with Baked Cheese Grits. The highly seasoned meat dish is complemented by a cheese-flavored side dish made of grits, a

coarsely ground dry white corn. Both dishes cook conveniently at the same time in the oven.

Reserve the smaller eye round steak for a flavorful meal for two, Lemon Thyme Eye Round Steak with Vegetable Pancakes. After marinating 30 minutes in a mixture of lemon juice, thyme leaves and lemon peel, this steak is quickly par-broiled. Carrot or zucchini pancakes uniquely accompany this quick-to-fix meal.

Use the top round steak to signal good fortune at a celebration for six by serving Oriental Beef Steak and Vegetable Stir-Fry. First marinate the meat briefly in a combination of fresh ginger, hoisin sauce and lime juice, then broil the steak while stir-frying colorful vegetables. Each serving of meat with vegetables contains just 200 calories.

Spicy beef and eggplant with baked cheese grits

1 lb. beef bottom round steak, cut 1 inch thick plus pieces of steak cut from around bone
5 tsp. oil

1/4 tsp. salt
1 tsp. Italian seasoning
1/4 tsp. crushed red pepper pods
1 clove garlic, minced
1 large onion, sliced, separated in rings
1 can (16 oz.) whole tomatoes, broken up
Baked Cheese Grits
1 small eggplant (about 1 lb.), pared, cut in 1 inch pieces
1 large green bell pepper, cut in 1 inch pieces
1 green onion with top, sliced

Cut round steak in 1-inch pieces. Cut each in half. Brown beef in batches, half at a time, in 2 teaspoons oil in non-stick Dutch oven over medium-high heat. Remove beef. Sprinkle with salt.

Add remaining oil, Italian seasoning, crushed red pepper, garlic and onion. Cook 3 to 5 minutes or until onions are tender-crisp.

Remove from heat. Pour off drippings, if necessary. Stir in tomatoes. Cover tightly. Cook slowly in 325° oven 1 hour 15 minutes.

While meat bakes, prepare Baked Cheese Grits. Add eggplant and pepper, stirring to combine. Continue cooking, covered, 30 minutes or until meat is tender.

Garnish with green onion slices. Serve with Baked Cheese Grits.
Makes 4 servings; 300 calories, 28 gm. protein, 13 gm. fat, 18 gm. carbohydrate, 536 mg. sodium, 67 mg. cholesterol each.

Baked cheese grits

2 cups water
1/4 tsp. salt
1/4 cup quick-cooking grits
1/4 cup shredded cheddar cheese
1/4 cup milk
1 egg
2 green onions with tops, thinly sliced

Bring water to boil. Add salt. Slowly whisk in grits. Return to boil. Reduce heat. Simmer 3 to 5

minutes.
Remove from heat. Stir in cheese, milk, egg and green onions.
Pour into lightly oiled 1-quart casserole. Bake 45 minutes in 325° oven with Spicy Beef and Eggplant.

Makes 4 servings; 156 calories, 7 gm. protein, 7 gm. fat, 16 gm. carbohydrate, 248 mg. sodium, 88 mg. cholesterol each.

Lemony thyme steak with vegetable pancakes

1 beef eye round steak, cut 1 inch thick (about 8 oz.)
2 tsp. fresh lemon juice
1/4 tsp. thyme leaves
1/4 tsp. grated lemon peel
Vegetable Pancakes

Salt and pepper, if desired
Combine lemon juice, thyme and lemon peel. Place steak in plastic bag or utility dish. Pour marinade over steak, turning to coat. Close bag securely or cover dish. Marinate in refrigerator 30 minutes, turning once.

Prepare Vegetable Pancakes during this time.
Remove steak from marinade. Heat non-stick frying pan over medium heat. Brush pan lightly with oil. Add steak. Pan-broil 8 minutes, turning once. Season with salt and pepper, if desired.

Carve across grain, serve with Vegetable Pancakes.
Makes 2 servings; 154 calories, 25 gm. protein, 5 gm. fat, 2 gm. carbohydrate, 199 mg. sodium, 61 mg. cholesterol each.



TAKE ADVANTAGE of bargains at the meat counter by dividing a single round steak into three distinct dinners.



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Venice fund-raising dinner

VENICE — The Friends of Venice, a group of concerned citizens, is planning a Christmas fund-raising banquet on Saturday, Oct. 22, to aid needy people at Christmas.

The Rev. John Henry Williams, president, said State Rep. Wyvetter H. Young, East St. Louis, will be the guest speaker.

"All that is raised will go back into the community to help those who are without," Williams said. The dinner will take place at

6:30 p.m. Oct. 22 at the Venice Recreation Center, 523 Broadway. Music will be provided by the Rev. Charles Fields, pastor of Bibleway Deliverance Church.

Tickets cost \$5 each and may be obtained by contacting Williams, 402-5124; the Rev. James Harrell, vice president, 452-0224; Janet Griggs, secretary, 451-6207; Ruby Johnson, treasurer; Charles Collins, 451-3132; or Rev. Fields, 451-7034. Tickets also will be available at the door.

Foster Care 1-800-624-KIDS

State Department of Children and Family Services

BINGO
EVERY THURSDAY NIGHT AT 7 P.M.
3—\$500 PRIZES
NAMEOKI BINGO CENTER
877-7771 behind Schnucks
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FOOD SERVED 11 A.M. 'TIL 7 P.M.
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SPOOKTACULAR HALLOWEEN PARTY—FRIDAY, OCT. 28

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PRESENT THIS COUPON AND RECEIVE
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MONTHLY FISH FRY
Featuring:
ICELANDIC COD AND FARM RAISED CATFISH
DINNERS . . . \$3.75 (include Dessert, Coffee or Ice Tea)
SANDWICHES . . . \$2.50
CARRYOUTS AVAILABLE
FRIDAY, OCT. 14 — 4 to 8 P.M.



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Our Daily Specials

DAILY SPECIALS

SUNDAY	ALL YOU CAN EAT: BROASTED CHICKEN, MASHED POTATOES, VEGETABLE, ROLL, PORK ROAST W/DESSERT, YER. ROLL.	\$4.99
MONDAY	HAM & BEANS W/CHOWDER, POTATOES	\$3.79
TUESDAY	MEATLOAF, MASHED POTATOES, VEGETABLE, ROLL	\$3.79
WEDNESDAY	PEPPER STEAK OVER RICE, VEGETABLE, ROLL	\$3.79
THURSDAY	BEEF LIVER W/ONIONS, MASHED POTATOES, VEGETABLE, ROLL	\$3.79
FRIDAY	FISH SANDWICH W/FRENCH FRIE, COLE SLAW	\$3.79
SATURDAY	SWISS STEAK, MASHED POTATOES, VEGETABLE, ROLL	\$3.79

MAY HAVE TO BE SUBSTITUTED DUE TO DEMAND
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MITCHELL, IL.



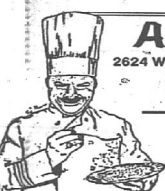
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DIE HARD
7:15-9:35
HEARTBREAK HOTEL PG-13
7:35-9:25
ALIEN NATION
7:45-9:45
BIG
7:25-9:20 PG

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Pick Your Own Apples and Pumpkins
Craft Fair Oct. 15-16
Painted Pumpkins Now Available
Pick Dropped Apples Mon.-Fri. for 1/2 Price
Enjoy our Children's Animal Farm
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NAMEOKI
NAMEOKI VILLAGE 877-6630
TUCKER (PG) Nightly 7:30
BETRAYED (R) Nightly 7:00
STARTS FRIDAY!
EMILIO ESTEVEZ & CHARLIE SCHEEN
—STARRING IN—
YOUNG GUNS (R)
Nightly 7:30
FRI./SAT. 7:30-9:40 SAT./SUN. MATINEE 2:15
Starts Friday!
WHO FRAMED ROGER RABBIT (PG)
Nightly 7:00
FRI./SAT. 7:00-9:30 SAT./SUN. MATINEE 2:00



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ROMAN EXTRAVAGANZA
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Starting at 6:30 P.M.
★ RESERVATIONS ONLY ★
\$1995 PER PERSON
Featuring:
Jennifer McNeilly at the piano

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THREE \$500 PRIZES
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LIONS CANDY DAY
FRI. & SAT.
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A fabulous spread of over 80 delicious items to keep the whole family busy . . . before, during and after your favorite Ponderosa entrees. Hot appetizers, soups, salads, snacks, salad fixin's and desserts.
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PONDEROSA
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Sunday Deadline 3 p.m. Friday Rate 10 words, \$3.25 (Each additional 5 words, 80¢)	All three issues Rate 10 words, \$7.00 (Each additional 5 words, \$1.35) No cancellation for three three issues	DEADLINES FOR DISPLAY CLASSIFIED ADS SUN. PRESS-RECORD/JOURNAL THURS. 3 P.M. WED. JOURNAL FRI. 3 P.M. THURS. PRESS-RECORD TUES. 3 P.M. OFFICE HOURS: 8:30 A.M. 'TIL 5:00 P.M., MON.-FRI.	ADVERTISERS ARE REQUIRED to check the first insertion of ads for errors. East Side Publications will be responsible for only one incorrect insertion. Any error should be reported immediately. Please check your ad carefully upon its initial insertion and report any errors to this office at 877-7700.		
Wed.-Thurs. Deadline 4:30 p.m. Monday Rate 10 words, \$4.85 (Each additional 5 words, \$1.05)	All Illinois Deadline 10:00 a.m. Monday Rate 10 words, \$14.15 (Each additional 5 words, \$5.40)	All real estate advertised in this newspaper is subject to the Federal Fair Housing Act of 1968, which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, or national origin, or any intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination call HUD toll free at: 1-800-424-8990.			
Call 877-7700 'We'll gladly bill you!' (Certain ads must be pre-paid)		LIABILITY OF East Side Publications in the event of failure to publish an advertisement for any reason or in the event that errors occur in the publishing of an advertisement shall be limited to the space occupied by the items of advertisement. CLAIMS CONCERNING OMISSIONS or incorrect insertions will not be considered unless made within 30 days of publication.			
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 10,XXX TO 15,XXX MILES
 All with low mileage and covered by the balance of the factory warranty.

FROM \$10,999

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'82 CAMARO Z-28
 Low miles, fully loaded, fire engine red, sharp!

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 Fully equipped, 4-door, luxury sedan

'86 FORD TEMPO
 Loaded, one owner, real nice!

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WE HAVE OVER 1/4 MILLION DOLLARS WORTH OF CARS TO CHOOSE FROM ... HERE'S JUST A FEW ...

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 "We Can Help With Financing"

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'84 GMC CONVERSION VAN	\$7895
'79 ELECTRA LIMITED	\$1995
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'85 DODGE LANCER	\$3500
'85 PLYMOUTH TURISMO	\$2700
'81 PONTIAC TRANS AM	\$3600
'82 FORD FUTURA	\$1650
'86 CHEV. CELEBRITY 4-DR.	\$4495
'78 LTD STATION WAGON	\$1150
'77 LTD	\$ 850
'78 AMC CONCORD STA. WGN.	\$1250
'81 PONTIAC PHOENIX	\$1595
'86 FORD TEMPO 4-DR.	\$4495
'85 BUICK CENTURY	\$2195
'88 FIERO FORMULA PONT.	\$11,700
'83 BUICK PARK AVE.	\$6400
'80 THUNDERBIRD	\$2695
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Granite City Auto Sales

'76 Buick Ltd. 4-Dr.	\$695
'76 Landau 4-Dr.	\$795
'79 Gran Prix	\$1795
'82 Chevrolet 4-Dr.	\$1795
'79 Monte Carlo	\$1795
'81 Buick Skylark	\$1895
'80 Buick Regal	\$2095
'82 Cavalier CL	\$2295
'84 Caprice Landau	\$2395
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'83 Dodge Aries	\$2495
'81 Gran Prix	\$2495
'84 Escort 4-Dr.	\$2495
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2217 Madison Ave.
 452-6800

BOB BROCKLAND PONTIAC-GMC INC.
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1988 PONTIAC GRAND AM'S. 5 to choose from. All equipped with automatic power brakes, A/C, AM-FM stereo, tilt and much more priced as low as \$1995. FACTORY WARRANTY STILL APPLY

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1987 OLDS CUTLASS SUPREMES. Many to choose from. All equipped with automatic, power steering, power brakes, air conditioning, AM/FM stereo, tilt, power windows, vinyl top, rally wheels and low mileage. Original list price up to \$14,700. NOW AS LOW AS \$6995. 5 TO CHOOSE FROM

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Mr. Goodwrench

GM QUALITY SERVICE PARTS

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 Hwy. 111 & Maryland Ave. Fairmont City • 271-2700

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1985 NISSAN P.U.
 4 cylinder, 4 speed, AM-FM cassette. Sale price \$2995.

1985 CHEV. SILVERADO P.U.
 3/4 ton, black/silver, fully loaded and ready for work.

'86 PLYMOUTH RELIANT
 4-dr., white, 4-cyl., auto., PS, PB, air, stereo, great family car.
 SALE PRICE \$5995

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 Grey, V-6, automatic, AM-FM cassette, A/C, rally wheels, low mileage.

1984 AMC JEEP WAGONEER
 V-8 automatic, power steering, power locks, stereo.

Mr. Goodwrench

GM QUALITY SERVICE PARTS

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 2320 Nameoki Rd. Next to the Swamp

'85 PONTIAC TRANS-AM	\$8985
'85 BUICK SOMERSET	\$4445
'85 PONTIAC 8000	\$5455
'85 FORD LTD	\$4845
'84 FORD TEMPO G.L.	\$3835
'84 BUICK SKYHAWK	\$3935
'83 CHEVY CAVALIER	\$3435
'83 FORD MUSTANG	\$2925
'83 PONTIAC GRAND PRIZ	\$2925
'83 FORD ESCORT	\$1555
'79 CHEVY CAPRICE	\$1775
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PLUS 3 DAY BUY BACK
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7-YR. 70,000 MILE WARRANTY STANDARD

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V-6 engine, auto, air, power steering, power brakes, stereo and more.
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REALTORS® members of a local area of REALTORS®, subscribe to Code of Ethics that pledges them to a fair treatment of homebuyers and sellers. They do the legwork, the hard work and the find the right home for the buyer, and they do the sale of the home for all it's worth on behalf of a seller.

CREWS REALTY BETTER HOMES & GARDENS
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Granite City, Ill.
877-4800

I have had ten years of service to the Granite City area. I am learning to be of better service with Better Homes & Gardens marketing system. I've enjoyed the industry, especially meeting new people. My plans are to continue my career of being of service to my clients.

NEVA LUCAS 877-4800

CREWS REALTY BETTER HOMES & GARDENS
3226 Nameoki Rd.
Granite City, Ill.
877-4800

Cathy Busch has been a realtor for ten years. She also has her broker's license. Cathy has been a million dollar producer for six years, and two million dollars for four consecutive years. Cathy is proud to be associated with Better Homes & Gardens. Their marketing program is most beneficial in helping her provide professional service.

CATHY BUSCH 877-4800

FLOOD REALTY CENTRE, INC.
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Granite City, Ill.
931-2600

I have been listing and selling homes in Granite City for ten years. In recent years I have consistently been the top producer in this area with over \$5,000,000 in sales per year. I specialize in good service, knowing the market, and understanding financing to provide the finest service to you.

GAYE FLOOD 931-2600

FLOOD REALTY CENTRE, INC.
5220 Nameoki Rd.
Granite City, Ill.
931-2600

I've been a realtor since 1975 and I am a member of the Millions Dollar Club. I work with both residential and commercial property all right now I am involved with the development of a new subdivision. Through the years I've met several people and made a lot of new friends.

BRENDA PHILLIPS 931-2600 or 877-1518

CREWS REALTY BETTER HOMES & GARDENS
3226 Nameoki Rd.
Granite City, Ill.
877-4800

I am a lifelong resident of Granite City. I obtained my Real Estate license in June and am very excited about my new career at Crews/Better Homes & Gardens. My purpose is to provide a good and valuable service to my clients, and to serve them with honesty and sincerity.

JANET PARTNEY 931-6751

CREWS REALTY BETTER HOMES & GARDENS
3226 Nameoki Rd.
Granite City, Ill.
877-4800

Having over \$3 million of Real Estate under contract, I have made this my most rewarding year in business. Eight of my ten years in Real Estate has been over \$1 million yearly. Better Homes & Gardens has added to our success at Crews Realty. Many Thanks to all my clients.

MARY RITCHIE 877-9800

FLOOD REALTY CENTRE, INC.
5220 Nameoki Rd.
Granite City, Ill.
931-2600

I am committed to real estate on a full time basis. It is only with this dedication that an agent, such as myself, can stay up to date with the ever-changing daily market. As a member of the Million Dollar Club, I'm there before and after the sale.

SCOTT HILLMER 288-6127

FLOOD REALTY CENTRE, INC.
5220 Nameoki Rd.
Granite City, Ill.
931-2600

The past five years have brought many changes to the real estate profession, and there are more on the horizon. I have committed myself to continuing education and constant updating on all aspects of the real estate profession to provide the best possible service to my customers and clients.

ROD FLOOD 931-2600

CREWS REALTY BETTER HOMES & GARDENS
3226 Nameoki Rd.
Granite City, Ill.
877-4800

I am a life long resident of Granite City, and served our community over 23 years on the G.C.P.D. After retirement I entered the profession of Real Estate with CREWS REALTY, SH&G, so I could continue service to citizenry of Granite City by assisting with your housing needs in a professional manner.

WILLIAM "BILL" HARRIS 877-5154

CREWS REALTY BETTER HOMES & GARDENS
3226 Nameoki Rd.
Granite City, Ill.
877-4800

Although I'm in my golden years, I will still accept a challenge. Finding the right home for a client can be one! Having been a licensed agent for 22 years makes me feel I am part of the Granite City community and that I can serve you well.

MARIE SZYMCEK 877-4674

FLOOD REALTY CENTRE, INC.
5220 Nameoki Rd.
Granite City, Ill.
931-2600

I am a member of the Multi-Million Dollar Club. I take pride in treating people fairly. I am there before and after the sale. I also service the Edwardsville, Glen Carbon and Troy areas. Call me anytime for your real estate needs. I would like to thank all my customers.

CHARLIE PALUS 931-2600 or 451-8988

FLOOD REALTY CENTRE, INC.
5220 Nameoki Rd.
Granite City, Ill.
931-2600

I am an enthusiastic new real estate agent in the Granite City area. I previously worked as a secretary and accountant at Flood Realty Centre. I enjoy working with people and I am anxious to get established in the real estate field.

DELORES JENNINGS 585-4638

KREKOVICH REALTY
2707 Madison Ave.
Granite City, Ill.
876-2323

Harold D. Cavins is a real estate broker and manager of John Krekovich Realty. A member of Granite City for the past 20 years, he is presently a member of the Granite City Association and is the past year's president. He has been in real estate for the past 20 years. He has been a member of the National Association of Realtors, the Illinois Association of Realtors, and the past 3 years a member of the President's Million Dollar Club, and he presently is a member and secretary of the Granite City Board of Realtors.

HAROLD D. CAVINS 876-2323

CREWS REALTY BETTER HOMES & GARDENS
3226 Nameoki Rd.
Granite City, Ill.
877-4800

Thank you Granite City for letting us serve you. Quality service to our clients is our primary purpose.

GEORGE F. CREWS 877-4800

REALTY WORLD STAR, INC.
3701-D Nameoki Rd.
Granite City, Ill.
876-0024

I am a broker-salesman and have been in real estate for 8 years. I am also a member of the "Million Dollar Club." I am interested in helping you with your real estate needs. I was born in Granite City and attended the local schools and St. U. Edwardville.

MARIAN B. CAVINS 876-0024 or 452-7130

FLOOD REALTY CENTRE, INC.
5220 Nameoki Rd.
Granite City, Ill.
931-2600

I believe in my products, houses, as an investment and as a home. I have been in the real estate business since 1980, and I am a Broker and I have a GRI designation. I try to keep myself informed so I can help my customers and clients.

SANDRA BASDEN 931-2600 or 931-3982

accountemps

DOWNTOWN CLAYTON
621-6207
100 North Broadway
727-1535
727-1536
You must bring appropriate documents to complete this form. L.A. ATTORNEY TO DO collections for three Illinois states. Call 451-6230.

CHRISTMAS COMING! NO MONEY! Sell your home!
New listing for sale. 2500 papers delivered. Call 877-4800. Thursday evenings. For more information call 877-4800.

CLEANING PERSONNEL
New listing for housecleaning services. Call 877-4800. 110 between 10am-3pm.

CHRISTMAS HELP
(No Moonlighters)
The MasterCard/VISA Data Processing Center will be interviewing temporary Christmas help to work through December 30, possibly mid-January. Position requires typing information into a CRT with MINIMUM of 45 wpm typing (typing test will be given). Prefer data entry experience and require working 3 days per week plus every Saturday and Sunday. Hours will be on first or second shift. Convenient location near Downtown St. Louis with free parking and employee cafeteria. Call (314) 982-6500. equal opportunity employer

CLERK TYPIST
Experienced. Some reception and public contact. Home Health Agency. Send resume to: Box 536 Old Suburban Journals, 1815 Delmar, Granite City, IL 62040.

DATA ENTRY/CRT
We need you NOW!!
\$100 BONUS
NO APPOINTMENT NECESSARY
• Top Pay Rates
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• Short/Long Term
• Assignments Available
• Assignments All Over St. Louis Metro Area
Call or come into one of our convenient locations for an interview.

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Westport 876-2325
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EXCEPTIONAL OPPORTUNITY
To be a part of a team of professionals in a career with a company that has been in business for over 40 years. Training and development information available. Call 877-4800.

EXPERIENCED TYPIST
with clientele wanted at Auto-ry's Hair & Tan Salon. Paid vacation and other benefits. 626-1066.

YOUR LOCAL REALTOR

Auto for Sale 10 Auto for Sale 10 Auto for Sale 10

BBB's
CLEAN SHEEP SALE

1988 CADILLAC SEVILLE, ROSEWOOD WAS \$32,725 NOW \$21,900	1988 CADILLAC DEVILLE, CREAM WAS \$28,930 NOW \$20,500
1987 CADILLAC DEVILLE, BLACK WAS \$26,490 NOW \$18,950	1987 CADILLAC CIMARRON, BLUE WAS \$18,260 NOW \$11,990
1985 CADILLAC FLEETWOOD BROUGHAM IVORY WAS \$13,995 NOW \$12,275	1987 CHEVROLET NOVA, YOUR CHOICE GRAY OR GOLD WAS \$10,260 NOW \$7,995
1988 DODGE DAKOTA LE PICKUP BLUE WAS \$13,795 NOW \$10,450	1986 CADILLAC DEVILLE, BROWN WAS \$13,990 NOW \$11,990
1986 OLDSMOBILE CUTLASS SUPREME MED. RED WAS \$9,750 NOW \$7,950	1986 OLDSMOBILE 98 REGENCY, WHITE WAS \$13,700 NOW \$11,575
1985 FORD F-250 PICKUP, BLUE WAS \$8,695 NOW \$7,590	1984 OLDSMOBILE DELTA 88, BLUE WAS \$7,995 NOW \$6,625
1988 FORD CONVERSION VAN 1000 MILES, TV & ALL THE GOODIES WAS \$21,990 NOW \$17,500	1987 OLDS CUTLASS SUPREME, LOW MILES YOUR CHOICE WAS \$12,995 NOW \$9,800

Doc's Special of the Week!
1982 CADILLAC ELDOREDADO
LOADED, RED
WAS \$10,495 **NOW \$6,950**

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SALES • SERVICE • LEASING
In Downtown Collinsville, one block north of Main
(618) 344-4212 (314) 241-9200

DRIVER OTR, Hiring Solo or
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Good equipment, benefits,
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ing. 214-664-5000.
EARN MONEY READING
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HOUSEKEEPER/BABYSIT-
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WANTED
TO COVER games and features in Cahokia
and surrounding Metro-East communities.
Experience required. Send resume and
clips to:
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1815 DELMAR
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WORD PROCESSORS
Short and long term assignments are
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We offer top pay, major medical in-
surance, paid vacation, and bonuses
along with option dental.
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TEMPORARY SERVICES
Chesterfield 532-6900 Clayton 647-0090
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NEVER A FEE
Bring Driver's License or I.D. and Social Security Card
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GO FOR IT!!!
PLENTY OF JOBS...GOOD MONEY...
We can get you there in only 8 WEEKS
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RECEPTIONIST
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40 plus wpm typing, filing,
sorting, 10-key experi-
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assignments. Must be at
least 18, have home phone
and reliable transpor-
tation.
Call Kim for interview.

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10274 Page 425-4500
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JOBS, JOBS
Skilled and
unskilled tempo-
rary positions.
Factory, ware-
house, janitorial,
assembly line,
general labor.
Must be at least
18 years old, must
have home tele-
phone and own
transportation.
City/County loca-
tions. Call Kim for
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Be a part of the largest
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company in St. Louis.
Thomas Construction is
looking for qualified
applicants to grow with
in our company.
• No selling involved but
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• Must be clean out,
enthusiastic, creative
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high pressure
For more information
call William, 10am-5pm
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PROCESSORS
(Trainings/Cross Training
Now Available)

RECEPTIONISTS
\$100 BONUS
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WE NEED YOU - Call us now
for address of the location
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Westport 878-4225
Clayton 271-2955
Downtown 522-3000
Chesterfield 241-3421
332-9929
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NEW POSITIONS
Adult Substance Abuse Coun-
selors needed to provide out-
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ment services to adult clients
in Madison County.
Candidates needed for thera-
peutic new outpatient sub-
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gram for adolescents.
Qualifications for all coun-
selors: Graduate degree in
Human Services or B.S. and
relevant experience, or CAC
eligible both require ordi-
nary.
For substance abuse treat-
ment.
Send resume, references, and
cover letter to:
Executive Director
Plaza Health Care
One East Ferguson Ave.
Wood River, Illinois 62295
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RESTAURANT HELP
Five 1/2 hrs. wait staff, Days and
Nights. Also Bartenders
Nights. Apply in Person Only.
2-7pm. Charlie's Restaurant.

HOMEMAKER
Qualified and interested per-
sons to assist in the home
work, personal care, errands
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home care program for the
elderly. Must have own car
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and previous experience in a
nursing or high school gradu-
ate. Must be a resident of
Madison, St. Clair and Bond
Counties. Beginning salary:
\$3,600/year. Please send letter
of interest or resume indicat-
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IMMEDIATE OPENINGS for
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Morning or evening hours. No
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Call home or to us. Salary
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RECEPTIONIST WANTED.
Part time 20-24 hours a week.
Part time \$4 an hour. Call 737-
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P.O. Box 2225
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Salary range \$21,000-\$25,000
annual depending on quali-
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Equal opportunity employer.
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Auto engine rebuilding. Send
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Seeking career minded per-
son to comply with Illinois
Qualified Mental Retardation
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you must possess at least
one of the following: a M.S. in
Psychology, B.S. in Social
Education, a Registered
Social Worker, or a Regis-
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rent Illinois certification.
Assessment, IHP preparation,
case management, and letter
of supporting clinical services
and letters of evaluation.
Requires strong interest in
resident care, high energy lev-
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MACHINIST
Job shop and welding expe-
rience preferred. Send resume
to: Machinery Box
9218, Granite City, IL 62040.
PATENT TIME—telephone sales
representative or evening shift
for students, mothers, and
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ence necessary. Guaranteed
wage and bonus plan. Call
451-0283 between 8am and
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773-1125
You must bring appropriate doc-
uments to complete I-9 form I-9.

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621-2607
100 North Broadway
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PROGRAMMERS
COMPUTER OPERATORS
CRT OPERATORS
Your skills are in demand. We
have temporary assignments
available for experienced
Data Processing Personnel.
IBM PC experience a plus.
Convenient locations for Illi-
nois residents.
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INVENTORY PEOPLE
needed. We have days and even-
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available. Must be at least
18 years old. 10 hours a
week. Call (314) 739-5239.
Equal opportunity employer.

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FOOD SERVICE
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Temporary with
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Your skills are in demand. We
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Convenient locations for Illi-
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Rustproofing and
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NEW HALLS FERRY & WEST FLORISSANT
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We'll pay you good money to deck our halls.

Earn holiday cash and discounts as a JCPenney Sales Associate.
JCPenney has a holiday sales position to fit your schedule. Full-time or part-time. And you'll catch the season's spirit too, because JCPenney is home to some of the friendliest (elves?) people you know. It's a fun place to work.

Check our list for the position you'd like:

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Start dreaming of a green Christmas.
You'll earn excellent pay at JCPenney. We offer both commission and hourly positions. And you'll qualify for discounts on all merchandise. Choose from a variety of schedules: evenings, Saturdays, Sundays—even flexible hours.

Make a quick trip to see us.
Apply Monday through Saturday from 10:00 a.m. to 8:00 p.m. at any of these stores:

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We will be accepting applications for various employment needs on
Thursday, October 13th
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The JCPenney Catalog
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Classes Starting Soon In BUILDING MAINTENANCE

*** Many Employment Opportunities... Get A Good Paying Job Fast!**

*** \$1,000 Worth Of Training...FREE OF CHARGE, IF YOU QUALIFY.**

You can learn carpentry skills, plumbing, landscaping, electrical wiring and more in a quick 6 weeks.

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Interested In Security Work?

Our three weeks training program can help you find a good job just!

*** Many immediate employment opportunities**

*** Training includes arms certification**

*** You will receive \$799 worth of training... FREE OF CHARGE, IF you qualify.**

*** Classes start soon**

If you are at least 21

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We apologize in advance to Winston Lights, Kent Filters and Salem Lights smokers.

Now, we don't want you to throw away the pack you just bought. They're fine cigarettes. But next time you're buying, consider this: In a nationwide test, a majority of smokers said Merit tastes as good or better than cigarettes that have up to 38% more tar. Enriched Flavor™ is the reason. Only Merit has it, in both regular and menthol. So if the thought of real, satisfying flavor with even less tar than other leading lights makes you think twice about your brand, we offer our apologies. And our cigarette.

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Regular and Menthol Kings: 8 mg "tar," 0.6 mg nicotine av. per cigarette by FTC method.